



Snohomish County  
**Council on Aging**  
**May 28, 2013**

Compass Health Administration Offices  
4526 Federal Avenue, Everett



**9:30 – 12 Noon – NOTE EARLY START TIME!**

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<b>9:30</b>	<b>CALL TO ORDER</b> Welcome and introductions	<i>Ron Vivion</i>
	<b>*APPROVAL OF MINUTES</b> <b>April 2013</b>	
	<b>CHAIRPERSON'S REPORT</b> <ul style="list-style-type: none"><li>• Change of date for November COA meeting</li></ul>	<i>Ron Vivion</i>
<b>9:40</b>	<b>BOARD AND COMMITTEE REPORTS</b> <ul style="list-style-type: none"><li>• Executive</li><li>• Mental Wellness</li><li>• Senior Centers</li><li>• Advocacy</li><li>• Finance, Allocation and Evaluation</li><li>• Chemical Dependency/Mental Health Tax Advisory Board</li><li>• Disabilities</li><li>• By Laws</li><li>• Providence Palliative Care Advisory Board</li><li>• North Sound Mental Health Advisory Board</li><li>• State Council On Aging Meeting</li></ul>	<i>Ron Vivion</i> <i>Linda Whitesell</i> <i>Nora Todd</i> <i>Mike Lillie</i> <i>John Fischer</i> <i>Ron Vivion</i> <i>Renee Jones</i> <i>John Fischer</i> <i>Lynda Krill</i> <i>Carolann Sullivan</i> <i>Pat Mahoney</i>
<b>10:00</b>	<b>BREAK</b>	
<b>10:30 – 12:00</b>	<b>PUBLIC EDUCATION SERIES:</b> <b>"My Plate: A Fast and Easy Way to Healthy Eating"</b> <i>Speaker: Lilly Kuo, MS, RDN</i> Nutrition Manager/ Registered Dietitian Nutritionist, SSSC  <b>Next meeting:</b> June 25, 2014, 10 am – 12 Noon, Compass Health	

**\*INDICATES ACTION ITEMS**

**If you are unable to attend this meeting, please call Joyce Frasu at 425-388-7377.**

**Snohomish County Council on Aging Mission:** The purpose of the Council shall be to advise the Snohomish County Long Term Care/Aging Division and Human Services Department, and the Snohomish County Executive on all matters of policy and implementation of the Snohomish County Area Plan on Aging in order to secure and maintain maximum independence and dignity for older residents of Snohomish County and all individuals receiving services administered by the Long Term Care and Aging Division.