



Change Team Meeting Minutes: August 22, 2013

Location: Denney Juvenile Justice Center, Sullivan Training Room

Agenda:

3:00 – 3:15pm **Introductions:** To Reclaiming Futures, Change Team, and all new participants. Just as a reminder, Project Director Kathy H, and Fellows Judge Weiss, Mike Irons, Steve Strickler and Tara Barnard will be at a joint Reclaiming Futures/Juvenile Drug Court training this week. Bob Wicks, other commitment. Janelle (Justice Fellow), Michele Rastovich (Community Fellow) present and facilitated the meeting.

3:15 – 4:30ish **Committee Work Time:** Work time according to where your Committee left off last month and/or new business. Use the Vision & Implementation Index and Plan (sent to everyone last month) to set new goals. Check-in with each other, goals met? If not, why not? Does your Committee need to flesh out more, create a Vision for how you'll do business? set more specific goals/due dates/accountability? Please remember to designate someone to takes notes and report the minutes of your Committee time to Colleen Holman by the following Monday, Aug. 26th by 5pm.

4:40 – 4:50pm **Committee reports** to the Change Team at large.

4:50pm **Announcements:** Fellows and Change Team.

4:55pm **Inspirational quote or reading for the day.** [Jamie Reed will provide this month].

Change Team met at the Denney Juvenile Justice Center this month. As Project Director Kathy Haggerty was absent due to a joint Reclaiming Futures/Juvenile Drug Court training in San Diego and Senior Secretary Colleen Holman was out sick, Janelle Sgrignoli (Justice Fellow) facilitated the meeting. Janelle began by welcoming everyone to the meeting and announced that the majority of the meeting will be devoted to committee work time. Committees are to work amongst themselves to assess their progress toward reaching the goals that they have set out for themselves.

If a goal has not been met, devise a plan of concrete tasks and assign those tasks to members of the committee.

Presentation by VGALS: The VGALS gave a brief presentation to display a quilt that is being raffled off. The drawing will be held on September 3rd. Tickets are \$1 each. Proceeds will go towards buying school supplies for children in the foster care system.

Committee Work Time:

From 3:20 – 4:25, the committees continued working on their respective goals. Using the Implementation Index Tool as a guide, committees assessed their progress towards those goals and developed concrete action plans for achieving the goals that had not yet met.

Committee Check-ins: At 4:25 pm each Committee reported in to the group. Here are some highlights, but see each committee's minutes for full details:

1) Education/Employment:

- a. Education: Discussed data regarding kids' access to education. Felt that kids on probation need more resources and support for accessing education. Ideas: Field trips to campuses, funding a full-time education liaison, produce an education resource guide for JCPs, hire on-site graduation specialists.
- b. Employment: Need to figure out how to increase access to employment opportunities. What services exist?

2) Treatment:

- a. Progress is being made on the glossary of terms. The committee asked themselves: How can we make it user-friendly and condensed? They have decided to make a brochure with resources, emergency numbers, and terms that families hear frequently from professionals.

3) Mentoring/Pro-Social:

- a. Mark Lee introduced the Glasair program, in which mentors teach kids to make airplanes.
- b. Dave Cudworth attended the Washington State Mentoring Conference at Seattle University. It was very informative. The conference provided electronic copies of all program descriptions and information given out at the conference, so he will send that to the Change Team. One of the ideas he took away was that of a Permanency Pact, which we could modify to make into a mentoring pact.
- c. Event: The group decided on bowling for the mentoring event. Dave will ask Jamie for information. They will talk to Majestic Lanes, Sleep Country, and radio stations for donations and support. They will try to incorporate youth into the planning of the event.

4) Juvenile Justice:

- a. The committee has implemented everything on their list.
- b. GAIN-SS has been going in detention for one month (now only non-drug court youth are receiving the assessment). It is still a work in progress.
- c. The Detention Training Program will encompass ART and MI skills. A committee has been formed. Probation and Detention are finally working together!
- d. The Community Transition Plan is being used, but they still need feedback to evaluate its effectiveness.
- e. New ideas include game nights and P.E.
- f. Amy Stoose brought up the point that kids don't like the term "mentor." During committee reports, Morgan Dotson suggested the term "guides" instead. He uses the phrase "Guides or Guards" when talking to kids.

Announcements:

Henri Wilson announced that a book she helped design for kindergarteners and preschoolers is being released soon. Contact Henri if you know organizations that could use the books. They are available in English and Spanish.

Readings and quotes for the day:

Jamie Reed read excerpts from “Just Because” poems written by girls in the Journey program.

Morgan Dotson shared a mentoring story about teaching a child to read.

The meeting adjourned at 4:55 pm.

Following are the Committee notes:

Juvenile Justice Committee: Members present: Jamie Reed, Annie Rosentrater, Amy Stoose, Susan Hunt, Allen Hilderbrand, Shane Nybo, and Sam Irons. Janelle Sgrignoli chaired the meeting.

1) Goals Check-In: We assessed our progress on each of our goals.

- a. **GAIN-SS Implementation:** The GAIN-SS was implemented about a month ago. There were some glitches, but overall it was a smooth transition. The goal is to familiarize everyone with the process, and to give more people access. The 30-day trial of administering the GAIN-SS to everyone is over, so now it is not being administered to youth in drug court and youth who have taken the assessment in the past 30 days. Sam Irons now has access, so the sheets no longer need to be sent to Colleen, which will expedite the process.
 - i. Question: Do we want kids in detention alternatives to take it in order to collect information about a broader base of youth?
- b. **Detention Training:** Working on getting detention staff ART skills. A committee has been formed to talk about how to implement training by breaking it down into smaller training sessions. Jamie Reed also wants to work on Motivational Interviewing. The JCOs seem interested in learning about MI, and Jamie wants to start training in October or November. The trainings should be well-thought-out, and not rushed. We are finally starting to see some collaboration between detention and probation.
- c. **Community Transition Plan:** A form has been developed for P.O. officers to go over with youth leaving detention. Youth can take the plan home and have a list of resources, skills, and goals. The CTP was implemented in July with drug court graduates and supervision services. More feedback is needed to determine its effectiveness. We should gather information from Seamar about how they implement their transition plans.
- d. **101 Presentation:** The presentation has been postponed, possibly until November [Note: The Community Systems Day is October 4th.] We still need to figure out the format, possibly using breakout sessions by grouping related topics together into three 1-hour sessions. The theme is “informative and fun.” Schools and community members are the target audience. We also want to have a separate Drug and Alcohol Systems 101 [for probation and detention to talk about treatment, basics of funding, different stages

of treatment and recovery, and what RF is. People need to understand what treatment is in order to follow the RF model.

- e. **Journey:** Annie Rosentrater will co-facilitate with Jamie Reed. The focus is going to be on body image. We want to do a presentation for probation about Journey. The Tulalip Tribe, VGALS, and Seamar have all shown interest in the program.

2) Potential New Projects:

- a. **ACES Screening:** Shane Nybo has been approached about ACES screening. He feels that we need to have the resources to address the results of the test before it can be administered. Most kids coming through detention would probably have high ACES scores, so we need to be prepared to address those scores.
- b. **Game Night:** Jamie Reed wants to implement a game night in the visiting area for kids in detention. Having mentors come in and play games with kids could help forge connections that could carry over into the outside. Allen Hilderbrand already has 14 people cleared to volunteer. There will need to be a distinction between long-term mentor relationships and short-term pro-social interactions with volunteers.
- c. **Gym Access:** The Interest Survey showed that kids were most interested in gym and weights. We need to figure out how to get kids gym access, possibly through the Everett Public Schools or through Everett Community College.
- d. **Rethinking "Mentor" Terminology:** Amy Stoose brought up the point that most kids in detention hate the word "mentor." We should brainstorm a new term that will engage the kids.

~~~~~  
**Education/Employment Committee:** Members present: Rebecca Hungerford, Gary Marks, Nicole McGrath, Tisha Miller, Patrick Murphy, Amy Perusse, Michele Rastovich, and New Members Leigh Kellogg, Amber DeJesus, and Kay Matier.

- 1) **Goals check in:** Michele Rastovich gave an update regarding past projects.
  - a. List of navigators
  - b. Amy Perusse created a notebook of education service resources.
- 2) **Drop-Out Discussion:** The group then discussed why kids are dropping out of school. Mike Irons is collecting information and data
  - a. **PACT Data:** Data collected from the PACT assessment tool used with youth on probation. Showed that most kids making contact are at a low-risk level.
  - b. **Pre-Screen Assessment:** Youth charged and facing getting placed on probation provide a bigger group of youth surveyed.
  - c. **Graduation Specialist:** Patrick Murphy suggests replicating Everett SD's use of an on-site graduation specialist in juvenile detention. There would be someone embedded in the school to nag/stick with students to encourage them academically.
- 3) **Concrete Ideas:**
  - a. **Field Trips** to see education programs (like GED programs and community colleges).
  - b. **Funding** for a full-time transition specialist (Angela).
  - c. **Presentation to JPCS** regarding education resources.
  - d. **Education resource binders** available to JPCs and parents.
  - e. **On-site graduation specialist** in all of our schools.

- f. **Multi Systems Event:** Tentative date is Oct. 11<sup>th</sup>. Host a workshop on access to education opportunities.

**4) By Next Meeting:**

- a. Schedule presentation to JCPs regarding educational resources.
- b. Suggest edits to the educational resource manual.

~~~~~  
Mentor/Pro-Social Committee: Members present: Henri Wilson, Tim Gahm, Mark Lee, Elysa Hovard, David Cudworth, Morgan Dotson, and New Member Chad Harty.

- 1) **Mentor Opportunity:** Mark Lee reported that his investigation is leading to real possibilities for youth to work in a mentoring way with Glasair in Arlington to work on building planes. He is continuing to investigate.
- 2) **Washington State Mentors Conference:** David Cudworth reported on his attendance at a 2 day conference put on by Washington State Mentors at Seattle U. It was really good and inspiring. The sponsors have a very generous attitude with all information, materials and support for those building mentoring programs. An example of something we might use is a "Permanency Pact" which a group uses. It lists many possible ways a mentor can be a resource. He also had good sessions on engagement.
- 3) **Mentoring Event:** This team will sponsor an event for youth and mentors by the end of November. It was decided to do it after the mentor training scheduled for October 19. Bowling will be the activity.
- 4) **Something to think about:** In closing announcements, Amy from detention announced that the youth in detention have given feedback that the term "mentor" is negative to them and they are not interested. Do we need to come up with a fun name for "mentor"?

~~~~~  
**Treatment Committee:** Members present: Guy Cadwallader, Sr., Ramona Graham, Scott Lingle, Steve Londino, Pat Martinelli, and New Member Curtis Dahl.

RF Fellows Tara Barnard and Bob Wicks not present due to other commitments. Pat Martinelli facilitated the group.

- 1.) **CD/MH Informational Pamphlet:** The committee worked diligently to review and decide on a format to use that would include terms and services that can be made available to families. It was decided to include a much shorter glossary of terms, access to care phone numbers, crisis line info and providers in the area including those that offered sliding scale, distinguishing between CD treatment and mental health. It was suggested that we include a disclaimer noting the limitations of the information presented and that it was not to be used for diagnostic purposes. We all agreed this would be a good idea. We were able to consolidate terms considerably.

We did not determine who would do the final formatting. However we did agree that a four panel pamphlet would be user friendly.

**NEXT CHANGE TEAM MEETING: THURSDAY, September 26<sup>TH</sup>, 2013 FROM 3 -5PM AT DENNEY JUVENILE JUSTICE CENTER.**