MINUTES FOR SNOHOMISH COUNTY
Chemical Dependency/Mental Health Program Fund Advisory Board
Compass Health, 4526 Federal Avenue, Building #2 - Sanders Training Center (Gym)

Wednesday, February 20, 2013

CALL TO ORDER: A meeting of the Chemical Dependency/Mental Health Program Fund Advisory Board (CD/MH Board) was held at Compass Health, 4526 Federal Avenue, Building 2 Sanders Training Center (Gym), in Everett, Washington, on Wednesday, February 20, 2013. The meeting convened at 5:35 pm, facilitated by Ron Vivion, Vice Chair.

INTRODUCTIONS:
Members: Jim Bloss, Marilyn Finsen, John Flood, Lori Giesen, Carolyn Hetherwick Goza, Pat O’Maley-Lanphear, Ron Vivion; Chris Jowell arrived after minutes approved.
Absent: Stephen Akers, Jack Eckrem, Jen Galvan, Laura Hamilton, Doug Jeske
Staff: Robin Fenn, Mike Fulcher, Cammy Hart-Anderson, Wendy Roullier, Carola Schmid, Lori Tomber, Shelli Young
Guests: Terry Clark, Little Red School House; Pam Jones, Snohomish County Prosecuting Attorney Office; Anji Jorstad, Bridgeways; Becky Olson-Hernandez, Compass Health; James Raymond, Concerned Citizen; Glen Svendsen, Snohomish County Finance

ANNOUNCEMENTS:
- Ken Stark announced he attended a TANF meeting where Kevin Quigley, Department of Social and Health Services (DSHS), notified him that there would be $35 million in new funding for chemical dependency and $35 million in new funding for mental health; Ken asked if anyone in the room had heard about it – no one had
- Becky Olson-Hernandez announced Compass Health is starting asbestos abatement at the Bailey building

OLD BUSINESS:
1. Review Meeting Minutes
   Motion was made by Ron Vivion, and seconded by Jim Bloss to approve the minutes for the December 12, 2012 meeting. Motion carried 7-0-0.
2. Updates:
   a. Health Reform:
      i. Strategy 2 – proposals due at midnight 2/23/13; Mary, Cammy and other raters’ scores due by 3/3/13
      iii. Working with DJJC to get eligible youth enrolled in medical benefits (Apple Health); for enrollment, you need to know the parent’s income, how much they pay for child care and support
   b. Sobering Center:
      i. Working with Swedish, Verdant, others to determine demand for a south county sobering/detox/triage facility (and number of beds/facility size)
      ii. One agency interested in medical detox; need to determine who will fund, how much funding is needed, how to sustain funding, how much funding we already have
      iii. Next meeting is 2/28/13
iv. Jim asked if there was a facility already; Ken explained there are two potential agencies (Evergreen Manor, Pioneer Human Services), who would determine facility and site; potential funders would need to commit for multiple years

c. RFP Subcommittee:
   i. Subcommittee members met: Pat, Ron, Jack, Carolyn, John (joined by email)
   ii. Discussed the sobering center, but determined the group didn’t know enough to make a decision at that time
   iii. Children’s Crisis Services – currently in flux because RSN is reviewing the system now, so better to partner regionally rather than doing this on our own; determined it’s not the right time to make a funding decision right now; Community Forums will be held by RSN:
      • Wed 4/10/13 @ 1-3 pm in E County
      • Fri 4/13/13 @ 1-3 in W County
   iv. Ken reminded the group that the Sales Tax fund doesn’t need to be the funder of all programs, but can help leverage funds and collaborate with other sources
   v. County staff presented about programs we currently fund:
      • We fund good programs; need to dig in to get more detailed information about the programs
      • Most cases showed a cost of living increase would be beneficial; agencies have had contracts for 4 years, with expectation to continue same level of service
      • The RFP Subcommittee recommends awarding a 4% COLA to existing contracts; Ron Vivion made a motion to recommend funding the COLA, Jim Bloss seconded; motion passed 7-0-1
      • RFP Subcommittee will now look at the programs in more detail, to determine where to recommend allocating the additional $200,000; will consider continuing, decreasing or expanding each of the other programs by reviewing the quarterly reports submitted by providers

NEW BUSINESS:
1. EHP/Sales Tax RFP
   a. 2012 Sales Tax RFP – Washington Home of Your Own was awarded $450,000 for the purchase and rehabilitation of a 4-plex of 2-bedroom units in Everett with minimal rehabilitation needs; this project will serve persons with MH, developmental disabilities and co-occurring disorders; closing is expected to occur by the end of February
   b. 2013 Ending Homelessness/Sales Tax RFP:
      i. RFP released 1/16/13 for $950,000 ($450,000 sales tax; $500,000 EHP)
      ii. Proposers conference 2/4/13 included 5 interested agencies
      iii. Proposals due 3/15/13; interviews will be held 3/29/13 and successful proposer to be announced 4/5/13
      iv. Board members are participating on the RFP review panel
2. High Frequency Utilizer Study
   a. Now have access to data from Triage, EMS, Hospitals Emergency Departments, Jail, Courts, Regional Support Network (RSN), Chemical Dependency (CD), Housing Management Information System (HMIS), Provider One, Healthy Options → can now track clients through these data sets, review case studies, and show impact of programs (or impact of no action); looked at 11-month period (1/1/12-10/31/12), cross referenced jail bookings with EMS and Triage frequent utilizers:
      i. 17 unduplicated individuals:
ii. 31 separate bookings (28 required placement in special jail module, 23 special watch [most for detox], and 28 had MH Professional contacts) for a total of 777 total jail days

iii. 60 total visits to Triage

iv. 161 transports to local Emergency Departments by EMS, 16 contacts with EMS that did not result in transport

b. Reviewed Case Studies (see handouts: John Doe #1, John Doe #2)

c. Jim asked if these analyses have been shared with the media; Robin explained they aren’t ready yet – need to be packaged, including cost and what’s been tried

d. Marilyn mentioned the system issues that are difficult to deal with (i.e. connecting inmates with medical providers because they do not accept clients with convictions); need to determine what motivation there is to change the system(s) and/or program(s) the client can get into, determine who’s currently paying the bill, who’s impacted and how much

e. Health Plans and Fire Districts are now talking and piloting a care coordination program; we will track information about those clients regarding program impact

f. Triage is currently only funded by RSN and Sales Tax; if we can provide data about the health plan’s clients to the health plans, we can possibly request funding from health plans and reduce cost to RSN and Sales Tax

3. Fund Balance

a. Reviewed Fund Balance and 5-Year Projection (Handout)

i. Mike Fulcher noted the assumptions listed at the bottom of the handout

ii. Ken cautioned the board to spend the fund balance to below $2.4 million

iii. Ron asked about the $900,000 Housing Loan; Mike explained the money was allocated to Domestic Violence Services, but DVS hasn’t been able to use it due to contaminated soil and it may not be used at all; if loan is used, it would eventually be repaid

iv. Ron Vivion made a motion that the board recommend setting aside $1 million for new/expanded programs on an annual basis beginning in 2013; Jim Bloss seconded; motion passed 5-2-1; Ken added that this could be reviewed again in 2014

b. 2014 Budget Process:

i. Budget will need to be submitted to Finance by July 1, 2013

ii. Pat asked if the revenues are available for 2012; Mike stated the “actual” listed on the handout is through November plus projection for December (due to 2-month lag)

4. Evaluation & Research

a. Ken discussed the proposal to hire a full-time researcher, supervised by Robin Fenn, and paid through the “evaluation and research” line item ($100,000); Robin’s position would be converted to a Research Manager, at 75% sales-tax funded, 25% funded by other Human Services funding; this still allows $200,000 for outside evaluations (like drug court evaluation by WSU) using the “evaluation and research” line item

b. Carolyn asked when youth would be included in the data analysis; Ken explained we’re working on getting data, but school districts, etc., aren’t allowing access yet

c. Jim Bloss made a motion to recommend the proposal, Chris Jowell seconded; Ron Vivion stated he was supportive: outcome analysis serves everyone well and service providers are armed with materials to use for funding requests; Jim called the question; motion passed 7-0-1

5. Election of New Officers

a. Jim Bloss nominated Ron Vivion to continue as Vice Chair; Marilyn Finsen seconded; motion passed 7-0-1

b. Ron Vivion nominated Pat O’Maley-Lanphear to continue as Chair; Carolyn Hetherwick Goza seconded; motion passed 7-0-1
Becky Olson-Hernandez asked the group to keep evidence-based practices in mind when discussing RFPs and outcomes.

NEXT MEETING REVIEW (4/17/2013):
- Presentation by Reclaiming Futures
- Old Business: Minutes, Updates (Health Reform, Sobering Center, RFP Committee, Legislative)
- 2014 Budget

ADJOURNMENT: The meeting was adjourned at 7:00 pm by Pat O'Maley-Lanphear, Chair.

/s/ Wendy L. Roullier
Wendy Roullier, Administrative Assistant
Snohomish County Human Services

2/20/2013
Prepared

April 17, 2013
Approved

Attachments:
- Approved Minutes – 12/12/2012
- Press Release – ACA benefits
- John Doe #1
- John Doe #2
- CD/MH 5-year Projection