Paine Field firefighters raise money for cancer research

Firefighters from the Paine Field Fire Department will partner with the Mukilteo Fire Department to raise money for the Leukemia and Lymphoma Society.

On Saturday, Feb. 27, from 9 a.m. to 6 p.m., firefighters from both departments will train on stair climbers, some in full bunker gear and tank equipment, while collecting pledges and donations for the Leukemia and Lymphoma Society.

This fund-raiser is in preparation for the 19th Annual Scott Firefighter Stairclimb, being held Sunday, March 7, in Seattle. At 788 feet of vertical elevation, the Columbia Center (formerly Bank of America Tower) in downtown Seattle stands as the second tallest building west of the Mississippi River. It takes 69 flights of stairs and 1,311 steps to reach the highly acclaimed observation deck overlooking the city.

The Scott Firefighter Stairclimb also supports the mission of the Leukemia & Lymphoma Society, raising money through sponsorships, individual and department fund raising, and entry fees. In 2009, the event featured more than 1,500 firefighters from 244 different departments and brought in a record $640,000 for blood-cancer research and patient services.

For more information on the Feb. 27 fund-raiser or the March 7 event, contact Tony Mace at 425-353-1606.

Snohomish County to host series of Natural Hazards Risk Education Workshops

Snohomish County invites the public to participate in a series of public meetings to learn about the County’s Natural Hazard Mitigation Plan (NMHP) update to be held next week at locations...
throughout the region.

First adopted by the County and 42 participating partners in 2005, the plan assesses risk within the county for nine natural disasters including floods, earthquakes and landslides. Citizens attending the meetings will learn about local natural hazards and how they might impact public and private property.

Current hazard maps will be available for viewing, and access to a computer will allow residents to see how some hazards will impact their property.

The meetings will be held from 6-9 PM at the following locations:

- Tuesday, February 23 – Stanwood Fire Station, 8117 267th St. NW, Stanwood
- Wednesday, February 24 – Sultan Middle School Commons, 301 High Ave., Sultan
- Thursday, February 25– City of Arlington Council Chambers, 238 North Olympic Ave., Arlington

The NHMP is required by the Disaster Mitigation Act of 2000 to encourage and promote pro-active, pre-disaster planning communities as a condition of receiving federal disaster aid. The plan was originally developed and guided by a Steering Committee of representatives from business, agencies, government, diking districts, organizations and citizens.

For questions about the meetings or the Hazard Mitigation Plan contact Mary Hurner at 425-388-6401 or mary.hurner@snoco.org. Robin Gordon at 425-388-5071 or robin.gordon@snoco.org

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Volunteers needed to assist vulnerable adults

Vulnerable adults living in nursing homes, assisted living facilities and adult family homes throughout Snohomish County are in need of community help.

More than 2,500 such residents lack a volunteer ombudsman, who serves as an advocate, educator, investigator and problem solver on their behalf. Volunteer ombudsmen come from all walks of life, various age groups and educational levels. The common thread is a passion for older adults and persons with disabilities.
The Snohomish County Long Term Care Ombudsman Program will offer a four-day training session on April 13, 14, 20 and 21 for new volunteer ombudsmen. Once certified, volunteers are asked to spend an average of four hours a week on their ombudsman duties. Expenses such as mileage are reimbursable.

The Snohomish County Long Term Care Ombudsman Program is part of a statewide program that protects residents and works with residents and their families to achieve high-quality and compassionate care.

Contact Michal Glauner at michal.glauner@snoco.org or 425-388-7393 for more information.

Thank you very much for taking the time to read my electronic newsletter.

If you would like to send me your comments and feedback, or if you would like to unsubscribe, simply reply to this message.

You may also contact me directly by phone at 425.388.3460.