



PARTNERS IN CRIME PREVENTION

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FENTANYL—ONE PILL CAN KILL

Fentanyl has grabbed the headlines due to its lethality, and recent drug busts finding large caches of the synthetic opioid.

Between September 2020 and October 2021, more than 100,000 Americans died from drug overdose—two-thirds involved synthetic opioids, primarily illegally manufactured fentanyl. Early death from drug overdose is the leading cause of death for Americans aged 18 to 45. In 2020, 674 died from synthetic opioid overdose, 155 of those deaths were under 25 years old.

Fentanyl is 50 times as lethal as heroin. It takes only a 2mg dose to cause death.

One method Mexican cartels are using to distribute the drug is to sell fentanyl as another drug, such as oxycodone or Xanax. The Drug Enforcement Administration (DEA) reports that 4 of every 10 pills that it tests include a lethal dose of fentanyl. Cartel chemists do not have a way to evenly distribute the fentanyl in the batches of pills that they create to ensure a non-lethal dose. One pill could be OK, the next could deliver a lethal dose.

Fake pills are easy to market according to the DEA. They are often sold on social media and the internet. This makes it easier to find and order fake pills. There



is no need to meet in person. Someone seeking prescription pills can contact a webpage or social media account on their smartphone and place an order. Delivery can be made by the post office or parcel delivery. This gives anyone, including minors, access to potentially lethal drugs.

If you need to fill your prescription for pain medications, fill it with a regular pharmacy not through a social media contact or someone on the street.

For more about fentanyl, go to the Snohomish Overdose Prevention webpage-

<https://snohomishoverdoseprevention.com/fentanyl/>



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HOLIDAY SCAMS - STAYING SAFE ONLINE

With the holidays, scammers ramp up their efforts, not only to target online shoppers, but with other schemes to take your money and your personal information. Scams can include,

- **Charity scams**— Americans do one-third of their charitable giving in December. Scammers will set up fake websites to look like legitimate charities or impersonate real charities with pushy telemarketing campaigns.
- **Compromised Account scams**— Scammers send out emails or texts, impersonating your bank claiming there is suspicious activity on your account. They will urge you to click a link. The email/text will have links that lead to phony sign-in pages to collect personal information or insert malware.
- **Travel scams**— Many more Americans will be traveling during this holiday. Scammers will have spoofed booking sites or email offers with travel deals that are too good to be true.

HOLIDAY SHOPPING- PROTECTING YOURSELF ONLINE

With the growth of online shopping, consumers have the convenience of ordering goods and having them delivered to their homes.

While shoppers can take advantage of the convenience of online shopping, there are pitfalls. Fraudsters can set up a fake web site, take your money, and your personal information, and not deliver what you ordered. Others can use phishing tactics to fool you into giving your personal information.

You can take practical actions to protect yourself.

Be sure you are secure. Make sure that you are updating your computer or mobile device for its antivirus software. Use good password discipline, long passwords, and no two accounts using the same password. A password manager can help. Also, where you can, use two-factor authentication.

Checkout online vendors before doing business. While not perfect, most larger vendors will have robust security measures to prevent hacking into their computer systems. An old rule of thumb is to look for the “https://” to be sure that you have a secure link. While still good advice, fraudsters are now making their websites secure.

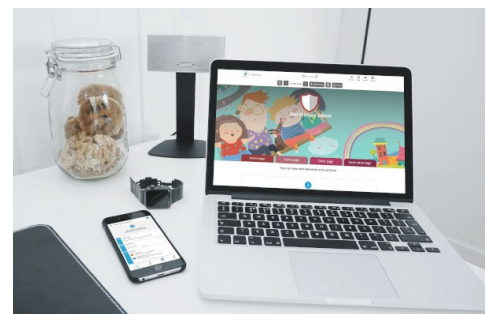
Verify that you are ordering from a legitimate vendor. Do a search on the business name with the word “scam” and see what comes up. Be wary of brand new web sites, they are more likely to be scammers.

When paying, use a credit card. Don’t use a debit card! Also, dedicate a credit card to your online transactions. This would make it easier to regularly check out your statement for unusual transactions. Also, using a mobile payment service like Apple Pay or Google Pay, helps protect your credit card if the mobile payment information is stolen.

Don’t take the phishing bait. Scammers will send phishing emails to trick people into giving their personal information. The Christmas shopping season is the perfect time to trick frazzled online shoppers.

During the holidays, scammers will send out phishing emails claiming to be from the Postal Service, FEDEX, or UPS that says there is a problem with a package. Be wary of unsolicited emails, especially if they warn of dire consequences for not acting.

Do not click on any links from suspicious emails. If you need to, go directly to the service’s web site to conduct your business.



HOLIDAY SHOPPING– PROTECTING YOUR DELIVERIES

After you have made your online order, you need to receive your purchase. Package delivery remains fraught with thieves (porch pirates) trolling neighborhoods to find packages on front porches to take.

Some things you can do to reduce the chances of your package being stolen include,

Have the package delivered to another location. This can be to a UPS Store, FEDEX Store, your local Post Office, or an Amazon Locker. You can also have it delivered to a trusted neighbor who you know can retrieve the package promptly.

Going to be out of town? Have the package held until you return. The Postal Service has its “hold mail” service that will hold your mail for a minimum of 3 days and a maximum of 30 days. You can have a vacation hold with FEDEX for up to 14 days.

Use the delivery service’s tracking features. Tracking your package allows you to know when you can expect it on your porch. UPS, for example, has a service called UPS My Choice that allows you to track a package and re-route it if needed.

Request a signature. You can ask for a signature on delivery. If you are not at home to receive the package, it will not be left on the porch.

Give special instructions. If you are having the package delivered at home, you can give instructions to have it left somewhere out of sight of the street. This could be on the side of the house, on the back porch, or some other easy hiding place.

Consider installing a security camera. A security camera on your front porch can help you know who is at your front door. Some cameras will send you a text or email when they see motion in their field of view. Also, a camera that records images or video allows you to provide evidence to law enforcement in case your package is stolen.

Pick up promptly. If you are having the package delivered to your home, try to pick up from your porch as soon after it is delivered as you can. If you are away for the day, have a trusted neighbor pick it up for you.

FEDEX- <https://www.fedex.com/en-us/delivery-manager/how-to-prevent-stolen-missing-packages.html>

UPS- <https://www.ups.com/us/en/services/knowledge-center/article.page?name=how-to-keep-packages-safe-from-porch-pirates&kid=art16a45bd35dd>

USPS- <https://uspsblog.com/postal-inspection-service-tips/>

HOLIDAY SHOPPING- PROTECTING YOURSELF FROM THEFT

Even if you are doing most of your shopping online you might need to go to the store for some of your holiday shopping. Here are a few tips,

- *Try to park as close to the entrance of the mall or store as possible. At night, park under a light whenever possible.*
- *Make a note of your parking spot so that you don't have to wander around the parking lot after shopping.*
- *Don't leave packages or valuables visible on the seats or floor of your car.*
- *Stay alert in crowds to protect your valuables. A thief can use the cover of the crowd to make a quick getaway after stealing your wallet or shopping bag.*

PRESENTS UNDER THE TREE- PROTECT THEM FROM BURGLARS

You have safely selected and purchased your gifts. Now they are in your home ready to wrap and sit under your tree. This is a time of year when burglars steal Christmas gifts from homes. You can improve the security of your gifts through the following steps:

- Always secure and lock your doors and windows, even if you are just popping out or when you are in the back garden - about one in four burglaries happen simply because the householder left windows or doors unlocked.
- Make sure your security lights are in working order and put internal lamps on timer switches to come on when dark if you are away.
- If you have a security system, use it.
- Don't hide your house keys near a door. Burglars know all of the secret hiding places
- Don't leave Christmas presents under the tree in full view of burglars who may be peering through windows - keep them in a secure place until the big day.
- Don't put your empty boxes from Christmas presents (or any new purchases) out until your recycling collection day and make sure you break up the boxes and secure them together - the boxes and wrappings provide burglars with just the information they are looking for to see what new gadgets and items await them inside.
- Note down the serial numbers of all electronic goods such as TVs, game consoles, computers, and camera equipment and keep the list out of sight in a secure place. Also photograph valuable items such as jewelry.

AUTO THEFT PREVENTION CHECKLIST

- √ All vehicle doors locked
- √ All windows rolled up
- √ All personal belongings have been removed or stored in the trunk
- √ Vehicle is parked in a well-lighted area
- √ Vehicle is parked in a high-visibility location (avoid isolated areas)
- √ Anti-theft device on (Club, alarm system, kill-switch)



SHERIFF'S OFFICE RESOURCES

CRIME MAPPING

For information about crime incidents around your neighborhood checkout this link:

<https://www.snohomishcountywa.gov/236/Community-Crime-Map>

SHERIFF'S OFFICE CRIME PREVENTION WEB PAGE:

<http://www.snohomishcountywa.gov/289/Crime-Prevention>

NEWSLETTER INFO

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If you have questions regarding this newsletter or any articles that appear in it, please contact the editor at neighborhoodwatch@snoco.org

TIP LINES



Snohomish County Sheriff's Office: 425-388-3845

<http://snohomishcountywa.gov/303/Anonymous-Tips>

Crime Stoppers of Puget Sound: 1-800-222-8477