

Kindergarten Readiness Guidelines 2014

Parents and families have a very important role as their child's first teacher. Children learn in different ways and at different rates. They come to school with varying skills. These guidelines highlight some of the skills children need to be prepared for kindergarten. The list below suggests ways to work with your child to help him/her be more ready for school.

Social/ Emotional	Working On	Accomplished
My child can follow 2-step directions consistently and is beginning to follow 3-step directions		
My child can remember and follow routines (ex: dinner, bath, brush teeth, read bedtime story, go to bed)		
My child can tell about his/her own feelings (ex: I feel happy, I feel sad, I feel excited).		
My child can calm him/herself when frustrated or upset.		
My child can put on his/her own coat.		
My child can use the bathroom independently		
My child can wash his/her hands		
My child can put away toys, clean up small spills and pick up after him/herself		
My child shares, takes turns and helps others		
My child adjusts to new situations and/or people		
My child plays cooperatively with others.		
My child can comfort others.		
My child has the opportunity to play regularly with the same friends his/her age.		

Physical	Working on	Accomplished
My child can run, jump and gallop		
My child can stand on one foot		
My child can throw and catch a large ball		
My child can kick a ball		
My child can cut using scissors.		
My child can hold and use a pencil		
My child can buckle, zip, snap, and button		

Language	Working on	Accomplished
My child can use words to express his/her thoughts and needs		
My child can name and describe familiar things in his/her world		
My child uses new words everyday.		
My child speaks clearly and is understood by most people.		
My child can speak in 4-6 word sentences.		
My child can talk about things that happened in the past, with details.		
My child can have a conversation on one topic with another person, taking turns talking		

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Cognitive	Working On	Accomplished
My child can think of more than one way to solve a problem.		
My child shows curiosity and seeks answers to questions.		
My child shows flexibility and creativity in play and problem solving		
My child can group things by color, shape, or size, etc		
My child can sit still, stay focused and stick with an activity.		

Literacy	Working On	Accomplished
My child knows 5-10 rhymes or children's songs.		
My child knows if words start with the same sound (for example: big, brown, bear).		
My child can hear parts of words (ex: hap-py, 2 parts or 2 syllables).		
My child recognizes and names 10-20 upper and 10-20 lower case letters.		
My child says the correct sounds for 10-20 letters		
My child is familiar with the parts of a book: cover, title, pages, words, etc.		
My child reads with an adult or listens to a story daily; he/she can talk about and retell a story		
My child "writes" a story by drawing pictures and/or using letters		
My child can write his/her name and identify the letters		
My child can say the alphabet		

Math	Working On	Accomplished
My child can count 10-20 objects, pointing to each object.		
My child can count out loud, in order, up to 20		
My child is beginning to understand and use the words more, less and the same		
My child can identify numbers 1-10		
My child connects numbers 1-10 with the matching set of objects		
My child identifies common shapes (ex: circle, square, triangle, rectangle).		
My child matches and sorts simple shapes		
My child uses measuring tools in play (ex: cups, spoons, ruler, scale).		
My child uses words to describe things by size, shape, and weight (ex: big, circle, heavy).		
My child can put things in order (ex: 1st, 2nd, 3rd).		

Personal Information	Working On	Accomplished
My child knows his/her first name, last name and parents' names.		
My child knows his/her address and phone number.		
My child can name 10 body parts (head, shoulders, knees, fingers, etc.).		
My child knows his/her age and birthday.		

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