



**Snohomish County**

**Finance Department**

**Risk Management Division**

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## **Information on Returning to Work After an Industrial Injury**

Snohomish County values the safety, health and well being of all employees. It is Snohomish County's policy to provide safe working conditions in all operations and to follow the laws and regulations regarding the safety and health of our employees.

In the event an employee receives an on-the-job injury, it is important for the employee to return to employment as soon as it is medically possible to do so. The Risk Management Specialist will be in close contact with both the employee and the physician to keep up to date on the recovery progress.

There are medical studies that demonstrate transitional work as an enhancement to the healing process. We have developed a comprehensive light and/or modified duty program for employees who are unable to return to their regular duties while recovering from their injury. If the doctor releases the employee to light or modified duty, the Risk Management Specialist will contact the doctor to obtain the additional information necessary to place the employee in a specific light duty assignment.

While an employee is on the light or modified duty assignment, he/she is expected to follow the doctor's instructions. If an employee is unable to perform any part of the light or modified duty, it is their responsibility to notify the supervisor immediately and to follow-up with the physician. A doctor's statement indicating the medical reasons for not being able to complete the light or modified duty assignment is required.

If you have questions about returning to work please do not hesitate to contact Lisa Scalf at 388-3475, or Sandra Bowman at 388-3760.

Thank you,

Lisa Scalf  
Risk Management Specialist