

THE ALZHEIMER'S ASSOCIATION

In addition to using County staff the Caregiver Support Program contracts with three local service providers – and each has its own “specialty.”

The Alzheimer's Association's Caregiver Support Program is our program's dementia expert. Staff provides most services.

Contact Information:

- Address: 100 W. Harrison St., North Tower # 200 Seattle WA 98119
- Monday – Friday 8:30 am – 5:00 pm (Office Hours)
- 24/7 Helpline Information and Support Line: (800) 272-3900
- Seattle Office: (206) 363-5500
- Website: www.alzwa.org

Service area: County-wide

Services Provided:

- Specialized Information about long-term care and caregiver support services.
- Assistance in learning about care options and gaining access to supportive services.
- TCARE Personal Caregiver Survey, Assessment, Care Plan, follow up services, and referrals to Respite services.
- Connections Care Consultation (dementia-specific).
- Consultation services to cope with changes and challenges.
- Referrals to Physical and Mental Wellness programs to cope with depression and medical issues.
- Opportunities to learn more about connecting to community resources.
- Caregiver training and education (increased skill building and self-care).
- Home visits.

Other Association Services (both local and national)

1-800-272-3900 - 24/7 HELPLINE: toll-free telephone information, referral, advocacy and support service that focuses on Alzheimer's and related disorders. This telephone consultation and support Helpline is the entry point for caregivers, those diagnosed or those worried about memory loss or wondering about getting a diagnosed, and for professionals to

access any and all programs and services offered. Telephone consultation, support, and other Helpline services are available in approximately 140 languages.

Connections Care Consultation: An individualized consultation that frequently begins with an in-person assessment. After the assessment, the consultation includes education about dementia and the disease process; how to obtain a diagnosis; addressing concerns about safety & behaviors; and long term planning. Referral and connection to other services are a standard part of the program. Written plans of care and on-going support and follow-up are integral parts of the service.

Support Groups (dementia-specific): peer support to those living with memory loss and for unpaid family caregivers. Free and open to unpaid care partners, family members and friends of individuals with memory loss. Support groups provide emotional, educational and social support. They help participants develop coping methods and encourage caregivers to maintain their personal, physical and emotional health, as well as optimally care for the person with dementia.

Early Stage Memory Loss Programs and Services: social and educational programs for individuals who are in the beginning stages of Alzheimer's disease or other dementias. Support groups, educational workshops, and social opportunities are offered. Inquiries – Early Stage Programs: 206-529-3868

Education Services: education about dementia, disease management and caregiving issues. Conferences, workshops, seminars, & in-services are tailored to caregivers, the general public, professionals of all backgrounds, policy makers, and the media. Education also includes e-news, websites, planning tools, articles and brochures, and a lending library.

MedicAlert® + safe return®: live 24-hour nation-wide emergency response service for wandering and medical emergencies. The Alzheimer's Association and MedicAlert Foundation International have formed an alliance to improve the safety of individuals with memory loss. During and after a wandering event, the Chapter contacts and offers guidance and support to the family. Registration: 1-888-572-8566 or online @ www.medicalert.org/safereturn
Available on-line in several languages.

Comfort zone: a web-based service that works with a variety of location devices to monitor the whereabouts of an individual with Alzheimer's disease or other dementias. To learn more: www.alz.org/comfortzone or 1-877-259-4850.

Advocacy & Public Policy: at the state and national level. The current State Platform and information on upcoming advocacy events is available at www.alzwa.org. The Chapter is a member of the Eldercare Alliance.