

**SNOHOMISH COUNTY SUPERIOR COURT
FAMILY DRUG TREATMENT COURT
PARTICIPANT HANDBOOK**

By signing below, you acknowledge that you have received this handbook and have been instructed to read or have someone read to you its entire contents. This handbook contains the rules of FDTC. Failure to comply with the rules of FDTC may result in sanctions up to termination from the program.

Date: _____

Participant Signature

Print Participant Name

Coordinator Signature

SNOHOMISH COUNTY SUPERIOR COURT

FDTC
Family Drug Treatment Court



PARTICIPANT HANDBOOK

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WELCOME TO FAMILY DRUG TREATMENT COURT

Family Drug Treatment Court (“FDTC”) is a program designed to provide you with the opportunity to address your substance abuse as you work through dependency issues with your child(ren). This handbook provides information about FDTC and what is required of you as a participant. We encourage you to share this information with your family and friends who support your recovery. As a participant of FDTC, you are required to follow all rules of this handbook, the FDTC contract and to follow all instructions given in court by the Judge.

NOTE: The information contained in this handbook may change from time to time; participants will be kept informed of any changes.

Please read this Handbook carefully

You are responsible for understanding its contents and will be sanctioned or terminated from FDTC if you fail to follow the rules and requirements in this handbook.

Please contact the FDTC Coordinator if you have any questions or need further clarification regarding anything contained in this handbook.

WHAT IS A DRUG TREATMENT COURT?

Family Drug Treatment Court (FDTC) is a therapeutic court, which handles cases where a petition is filed with Snohomish County alleging child abuse and/or neglect from parental substance abuse.

FDTC is a unique program where you become part of a team including the Judge, State Attorney General, Defense Counsel, Superior Court staff, treatment professionals, and the Department of Child and Family Services (DCFS) social workers. FDTC provides support through judicial supervision, substance use disorder treatment, urinalysis testing, and incentives and sanctions.

You will be required to participate in a variety of treatment programs designed to address your substance use disorder as well as other needs. The program includes group and individual sessions and participation in sober support meetings. Residential substance use disorder treatment and detoxification services may also be required.

You will also be required to meet all program services as deemed appropriate by your DCFS social worker.

Equal Opportunity

You have the right to participate in FDTC without discrimination as to your age, sex, race, creed, color, religion, national origin, sexual orientation, marital status or physical disability.

Safety

Safety is everyone's responsibility. Safety rules are posted on bulletin boards at service agencies and in the courthouse for your convenience. You must obey all court orders and rules/regulations regarding weapons. You may be terminated from FDTC if safety concerns are felt by the team to outweigh your continued participation in FDTC.

Confidentiality

Your rights to confidentiality are protected by Federal laws. Information will not be released by the FDTC team without your written consent. You will be asked to sign a consent form allowing the exchange of information between treatment providers, program staff, and the rest of the Team, as well as others identified by the court, in order to participate in the program. Exchange of information is necessary and in your best interest.

That release of confidentiality will extend to others who may be present or participate in staffing or other discussions that relate to your participation, including the possible presence of the press or public. We will take what steps we can to respect your privacy and not discuss sensitive personal information in open court.

Confidentiality is also essential in group sessions. Anything that is discussed in group must remain within the confines of the group. No information pertaining to any patient should be discussed outside of the group. The same confidentiality applies to things said in the courtroom. Outside group and court, do not talk about any information you hear from or about any other participant.

GETTING STARTED – YOUR FIRST WEEK OF FDTC

If at any point you are confused about what to do next, talk to any FDTC Team Member for guidance.

Your primary weekly contact will be with your DCFS Social Worker and treatment counselor. There is more information about the FDTC Team Members and their individual roles in this handbook.

Once you have completed the interview and signed your Opt-In paperwork, you will begin the FDTC program requirements.

TO-DO LIST FOR YOUR FIRST WEEK OF FDTC

<p align="center"><u>For Treatment</u></p>	<p>If you are in treatment or set to start - proceed as planned. If you are not sure about how you are supposed to proceed, call _____ @ (425) _____ - _____ on <u>Monday</u> for further instructions. If you leave a voicemail message, PLEASE leave an accurate contact number so treatment can call you back.</p>
<p align="center"><u>Sober Support Meetings</u> (done every week)</p>	<p>Attend at least <u>three</u> sober support meetings. Please turn in your meeting verification slips (slips & schedules located in the back of this handbook) by the <u>next Thursday</u> at <u>noon</u> to the FDTC Treatment Liaison. You can deliver the slips to the Treatment Liaison’s office.</p>
<p align="center"><u>For DCFS</u></p>	<p>Call your DCFS Social Worker on <u>Monday</u> to verify your color and begin date of Weekday <u>UAs.</u> Your Social Worker is _____ and his or her phone number is (425) _____ - _____.</p>
<p align="center"><u>Court</u> (done every week)</p>	<p>Be sure to attend court every <u>Friday</u> at <u>3:00 p.m.</u> Take your <u>Entry UA Immediately After Court</u> (SEE HANDOUT). Follow all instructions from Cordant Reference Lab about how to take your <u>Weekend UAs.</u></p>

GENERAL PROGRAM RULES AND EXPECTATIONS

There are general program rules & expectations you need to follow throughout the entire program. The following is a list of FDTC’s general program rules and expectations:

- ✓ You must not use any non-prescribed mood or mind-altering substances or medications (including alcohol).
- ✓ You must complete a “Medication Form” for any & all prescription medicines. Be aware of over the counter medicines that are prohibited in the FDTC program.
- ✓ You must reside in Snohomish County while participating in FDTC.
- ✓ You must call the UA line and be ready to take a UA test 7 days a week, 365 days a year.
- ✓ You cannot deliberately consume large amounts of liquid to dilute your urine or add anything to the urine to attempt to manipulate the test results.
- ✓ You must attend court as scheduled. If an emergency occurs and you cannot attend court (medical, accident, family, etc.) please call the Coordinator as soon as possible and leave a message stating why you will not be present in court. If you fail to appear in court and fail to call the Coordinator, the court will issue a warrant for your arrest.
- ✓ You must attend treatment each week as scheduled and complete all treatment requirements..
- ✓ You are required to attend three (3) sober support meetings each week and turn in your verification slips to your treatment counselor (in person or by fax) by noon on the Thursday before court. **(Please see next section about Sober Support Meetings)*

- ✓ If you change your address or phone number, you must complete a “Change of Address Form” and submit it within 24 hours to the FDTC Coordinator and your social worker.
- ✓ You cannot associate with known drug users, dealers, manufacturers or deliverers, and you cannot go to drug houses, bars, or taverns. You must live in a residence that supports a recovery lifestyle.
- ✓ If you are planning a trip you must complete a “Trip Request Form” and submit it to the FDTC Coordinator one week prior to your planned trip. Permission to leave the area and miss program requirements needs to be reviewed by the FDTC Team.
- ✓ You must immediately contact a member of the FDTC Team and your treatment provider, if still engaged in treatment, if you have relapsed. Your success in FDTC requires you to be honest about any continued use or relapse.

SOBER SUPPORT MEETING ATTENDANCE

You are required to attend 3 sober support meetings per week (on different days) while in FDTC. Attendance at these meetings is designed to help you identify community resources that will support your recovery.

You may substitute one of the 3 meetings with a Non-Addiction related Sober Support (examples: Life During CPS, Father Re-Engagement Group, WRAPS Group Meetings). Please check with your treatment counselor if you want to substitute a regular sober support meeting with a Non-Addiction related sober support meeting for approval. If you have questions about the times & locations of sober support meetings, please check with your treatment counselor for schedules.

Please be sure to have each meeting you attend documented on a sober support meeting slip by the chairperson or individual running the meeting. Meeting slips cannot be signed by you or another FDTC member, even if you or they are running the meeting. You should only your first name and last initial on the meeting slip.

Additional Reminders about sober support meeting attendance:

- Verification Slips are due by 12:00PM every Thursday (or sooner) for the prior week. Please turn your slips in to your treatment counselor or FDTC treatment liaison.
- Slips may be faxed or emailed but they must be legible. If we can't read them, they won't be counted toward your required meeting total.
- You can only attend 1 sober support meeting per day (no “stacking” meetings).
- Writing in false meetings on your Verification Slip (or ‘forging’ your Verification Slips) will result in a sanction and may result in your termination from FDTC.
- If you have fully completed all Substance Use Treatment and are continuing to participate in FDTC, your sober support meeting slips are to be turned each week (by 12:00PM on Thursday) to your Social Worker. Please see your Social Worker for more information.

COURT APPEARANCES (REVIEW HEARINGS)

You are required to attend regularly scheduled court review hearings. You are expected to arrive promptly and be appropriately dressed (see Rules & Responsibilities) for court. Participants are expected to remain until the end of the court session each week.

If you do not appear in court, and have not made prior arrangements with the court or do not have a verifiable emergency, the court will issue a bench warrant for your arrest. If you are picked up on the bench warrant you will remain in custody until the next court hearing.

Frequency of court appearances may decrease as you progress successfully through the program.

COURTROOM RULES AND RESPONSIBILITIES

Participants are expected to follow the courtroom rules:

1. Turn off all electronic devices and cell phones, before entering the courtroom.
2. Use of the internet and texting are not allowed in the courtroom..
3. Participants must be appropriately attired at all times.
 - Tank tops, muscle shirts, halters, and undershirts (worn as outer garments) are **not** acceptable.
 - Participants must wear shirts at all times. No bare midriffs, plunging necklines, or see-through fabric for men or women.
 - Loose fitting slacks, skirts, shorts, and jeans are acceptable. Pants must be worn **at** the waist, not around the hips. Shorts and skirts (including those with slits) must be no more than five inches above the knee.
 - Appropriate footwear must be worn, i.e. no flip flops.
 - No clothing displaying alcoholic beverages, drugs, nude pictures, obscenities, or other words or images that may be offensive to other participants or staff will be allowed.
 - No hats, caps, bandanas, sweatbands, or other non-religious headgear will be permitted at any time. **No** sunglasses may be worn in the courtroom.
4. You are not to leave the courtroom once court has started, except for emergencies (illness or to attend to a crying child). Take care of any personal needs (bathroom, phone calls, smoking, etc.) before entering the courtroom.
5. Do not bring infants and/or small children to court if there is any chance that they may be disruptive. Do not bring children to court if there is any chance that you may be ordered to go

to jail that day. Having children in court will not delay or impact your sanction. If no immediate arrangements can be made for their care, CPS will be called.

6. Pay attention during the court hearing. When the Judge calls your name, walk quickly to the podium and take your turn to address the court. Once the Judge dismisses you, return quickly to your seat.
7. Do not use the courtroom for socializing; side talking is disrespectful and distracting.
8. No gum, food, or drink, except water is allowed in the courtroom.
9. No profanity or disrespectful language.
10. The Judge should always be addressed as “Judge” or “Your Honor.” Stand at the podium when addressing the Judge.

DRUG TESTING POLICY AND EXPECTATIONS

You are required to provide urine samples to monitor your progress. Urinalysis results will be documented and made available to the court. Any positive urine screens, missed, tampered or diluted samples, or refusal to provide a sample can be grounds for sanctions by the Team.

Do not ingest the following:

1. Any controlled substances or alcohol. (Be aware alcohol can be in medicines, food, or beverages).
2. Poppy seeds in **any** form (muffins, bagels, bread, salad dressing, etc.).
3. “Natural” or herbal remedies or supplements (e-ola, Mah huang, Creatinine).
4. Over-the-counter or prescription medicines without prior approval of your treatment provider.
5. Energy drinks

Read labels and ask questions before you put a substance in your body. Claiming that you did not know what was in something **will not** be accepted as an excuse. If you receive a positive UA because you used one of the above prohibited items and failed to follow the directions of the FDTC Team, you will receive a sanction. Be aware of what you are ingesting.

You will receive a sanction for any positive urinalysis test result unless medically excused. The court will treat all of the following the same as a positive test: (1) missed UA test, (2) unable to produce a sample, (3) an out of range sample (low creatinine, out of range temperature, PH or specific gravity, etc.), and (4) an tampered sample.

Always contact your treatment provider if you have questions about your UAs

PROGRAM MEDICATION POLICIES

Participants in FDTC are expected to be drug free, including the use of mind or mood-altering and potentially addictive substances or over-the-counter medications. However, the Team recognizes that there are times when a participant may need medications that are not mind or mood-altering. Participants must inform their treatment provider or social worker of **all** prescribed and over-the-counter medication use. Certain over-the-counter medications, such as Sudafed and Nyquil are not permitted in FDTC. Participants must check with treatment before taking any over-the-counter medications that could interfere with UA results.

Participants with chronic pain or mental health issues requiring ongoing use of prescription medication (opiate, stimulant, benzodiazepine or other mood altering medications) are not good candidates for the program. If you have such a condition and choose to participate in FDTC you will be required to discontinue all addictive medications.

Participants who have an acute pain episode requiring pain medication that may be mind or mood-altering must have their dentist or doctor complete the FDTC Medication Form before they take any prescribed medication. The form must include the doctor's name, any medication given at time of services and/or prescribed, amount prescribed (including refills), reason for prescription, duration of treatment, acknowledgement by the physician that you disclosed your participation in FDTC and Substance Use Treatment, and confirmation that the physician feels this is the best course of treatment. The Medication Form must be faxed to your treatment counselor or social worker within 24 hours of the issuance of your prescription.

TRIP REQUEST POLICY

Participants must complete a Trip Request Form if they are requesting permission to travel and miss program's requirements (UAs, treatment, etc.). Participants must submit a Trip Request Form to the FDTC coordinator one week prior to the intended departure date. Unless special circumstances exist, a requested trip may not last longer than five days. The Team will only consider a participant's trip request if the participant has 60 days clean and sober demonstrated by no missed, diluted or positive UA results.

STAGES OF PARTICIPATION

The FDTC program is divided into four stages. The FDTC Team will closely monitor your progress in each stage.

General criteria for stage advancement include a participant's sobriety, progress in treatment, progress in his/her dependency case, continued compliance with court orders, and team recommendations.

STAGE 1: INTENSIVE

Stage One Compliance Requirements

- Participate in treatment as recommended by the FDTC Team.
- Appear in court weekly.
- Appear for all drug testing.
- Comply with all court orders.
- Attend sober support meetings as recommended by the FDTC Team.
- Visit and support children while they are in out-of-home care.
- Follow dependency case treatment plan.
- Cooperate with social worker and other service providers.
- Attend all Shared Planning Meetings.
- Attend all court hearings for the dependency case.

Advancement Requirements

- No unresolved sanctions
- Minimum of 30 days demonstrated clean and sober time at the time of promotion to Stage Two.
- Obtain and maintain safe and stable housing (even if temporary) in order to focus on treatment.
- Actively engaged in substance use treatment
- Identify medical resources.
- Have a safety plan in place if there are DV issues.
- Attend child/children's visits.
- Attend court as required
- Attend and engage in all recommended DCFS services and meetings.
- Other individual requirements (if applicable).

STAGE 2: KEEPING PACE

Stage Two Compliance Requirements

- Continued participation in treatment and following treatment plan
- Appear in court weekly.
- Attend all drug testing.
- Comply with all court orders.
- Attend sober support meetings as recommended by the FDTC Team.
- Visit and support children while they are in out-of-home care.
- Follow dependency case treatment plan.
- Cooperate with social worker and other service providers.

- Attend Shared Planning Meetings.
- Attend all court hearings for the dependency case.
- Attend court-approved parenting classes.

Advancement Requirements

- No unresolved sanctions
- Minimum of 45 days demonstrated clean and sober time at the time of promotion to stage three.
- Complete psychological or psychiatric evaluation (if required by DCFS, treatment, or the Judge).
- Continued active engagement in substance use treatment.
- Start individual and/or family counseling (if required by DCFS, treatment, or the Judge).
- Apply for subsidized and transitional housing if needed.
- Obtain a sponsor.
- Identify a home sober support group.
- Follow your safety plan if there are DV issues.
- Attend child/children's visits.
- Attend court as required
- Attend and engage in all recommended DCFS services and meetings.
- Other individual requirements (if applicable).

Stage 3 – TRANSITION

Stage Three Compliance Requirements

- Continue to attend treatment and/or comply with aftercare plan.
- Appear in court bi-weekly.
- Attend all drug testing.
- Comply with all court orders.
- Attend sober support meetings as recommended by the FDTC Team.
- Keep children safe and free from abuse and neglect.
- Participate in educational or vocational training or maintain employment.
- Cooperate with social worker and other service providers.
- Attend all Shared Planning Meeting.
- Attend all court hearings for the dependency case.
- Complete court-approved parenting classes.

Advancement Requirements

- No unresolved sanctions
- Minimum of 60 days demonstrated clean and sober time at the time of promotion to stage four.

- Continue to attend substance abuse treatment if applicable
- Actively participate in individual and/or family therapy if applicable
- Present Relapse Prevention Plan to FDTC Team.
- Obtain and/or maintain safe and stable housing.
- Attend one WorkSource session or complete Life Skills Program.
- Update your safety plan if there are DV issues.
- Schedule and attend child's appointments.
- Attend and engage in all recommended DCFS services and meetings.
- Attend court as required.
- Other individual requirements (if applicable).

Stage 4 – AFTERCARE

Stage Four Compliance Requirements

- Participation in treatment and/or comply with aftercare plan
- Appear in court as directed by the FDTC Team.
- Attend all drug testing.
- Compliance with all court orders.
- Attend sober support meetings as recommended by the FDTC Team.
- Maintain reunification with children.
- Continue to keep children safe and free from abuse and neglect.
- Continue to participate in educational or vocational training or maintain employment.
- Cooperate with social worker and other service providers.
- Attend all Shared Planning Meeting.
- Attend all court hearings for the dependency case.
- Present Sustainability Plan to the FDTC Team.

Graduation Requirements

- No unresolved sanctions
- Minimum 90 days continuous demonstrated clean and sober time.
- Successful discharge from a substance use treatment program.
- Maintain safe and stable housing.
- Demonstrate appropriate permanency plan for children is complete.
- Demonstrate support system and safety plan for children.
- Present sustainability plan to the FDTC Team.
- Attend and engage in all recommended DCFS services and meetings.
- Attend court as required.
- Other individual requirements (if applicable).

ACHIEVEMENTS AND INCENTIVES

As you successfully progress in FDTC you may receive incentives. The purpose of an incentive is to give you a tangible and positive acknowledgment from the FDTC Team that you are meeting the requirements of the program and demonstrative positive behavior changes.

Incentives can be applause in the courtroom, verbal acknowledgement from the Judge, a decrease in required court appearances, gift cards to local retailers, or sobriety gifts.

FDTC offers a variety of incentives based upon the individual needs and interests of the participants.

SANCTIONS

A sanction is a consequence for a failure to meet FDTC requirements. The objective of imposing sanctions is not only to remind you that you need to be in full compliance, but also to help you stay engaged and encourage you to continue working through the program with the goal of graduation.

The seriousness of the non-compliance determines the severity of the sanction imposed. Sanctions increase in severity if non-compliance continues and/or during later stages in FDTC. Some examples of sanctions include: reprimand from the Judge, increased court appearances, community service hours, Department of Corrections work crew, essay writing, jail time, or termination from the program.

PARTICIPANT BEHAVIORS AND SANCTION CHART

Please note that as you progress in FDTC, the same behavior may result in a different sanction depending on what stage you are in. The Sanction Chart is intended as a guide only; the Judge ultimately decides on the sanction based upon recommendations of FDTC team members.

Incentive Chart			
Program Area	Stabilization	Progression	Maintenance
UA (Attendance)	Being on time Providing Samples Good UA attendance Treating Staff Professionally No Dilute UAs	Consistent Negative Results	Consistent Negative Results
Treatment	Participation Attendance Treating Staff Professionally Overcoming Challenges Promotion in Level of Care	Progress on Tx Goals, Begin Use of Tx Skills Overcoming Challenges Promotion in Level of Care	Outreach / Volunteer / Mentor Ongoing Use of Tx Skills Overcoming Challenges Promotion in Level of Care
Ancillary Services (MH Tx / Parenting Classes, etc)	Attendance Participation Treating Staff Professionally	Progress on Tx Goals, Begin Use of New Skills	Ongoing Use of New Skills Outreach / Volunteer / Mentor
Program Engagement	Consistently Attending Being On time	Courtroom Engagement Advocating for Self Outreach to Team	Outreach Coping with Challenges
Recovery Engagement	Sober Support Attendance Meeting Slips Turn-Ins Securing a Sponsor Service Work	Securing a Sponsor Self-Help Work	Outreach (self / others) Ongoing Use of Self-Help Skills
Parenting Engagement	Participate in Child Services	Accept Feedback from Parenting Professionals Demonstrate use of new parenting skills	Family Activities Ongoing Use of Parenting Skills
Housing	Self-Advocacy Progress towards obtaining housing	Progress towards obtaining housing Moving into c/s housing	Overcoming challenges to maintain housing
Education / Employment	Taking Steps towards new opportunities (Enroll in Classes / Apply for Jobs)	Attending Classes Start going to Work	Achievement of new Educational or Employment Goals / Challenges
1 st Week in Court Compliance	First time client achieves Full Compliance with all Drug Court program expectations <i>(Recovery Item)</i>	N/A	N/A
Return Home	N/A	Progress with addressing barriers for Return Home	Return Home <i>(Verbal Praise / Applause)</i> Self-Advocacy

*Individualized achievements not listed on the above chart may be eligible for Incentives

FDTC Participant Sanction Chart

Participant Behaviors	SANCTIONS			
	Stage 1	Stage 2	Stage 3	Stage 4
UA Violation (Missed, Positive, Dilute, Unable, D/A Use)	Low Sanction: <ul style="list-style-type: none"> SVA 1x1 mtg with SW/Tx Increased s/s mtgs 	Low Sanction: <ul style="list-style-type: none"> Calendar Assignment Increased s/s mtgs 1x1 mtg with SW/Tx Daily Phone Check-In 	Low Sanction: <ul style="list-style-type: none"> 6-8 hrs CSW Essay Daily Phone Check-Ins 	N/A
	Moderate Sanction: <ul style="list-style-type: none"> 2-4 hrs CSW Enhanced s/s mtgs Liquid Log Calendar Assignment Essay 	Moderate Sanction: <ul style="list-style-type: none"> 4-8 hrs CSW Essay Enhanced s/s mtgs Liquid Log 	Moderate Sanction: <ul style="list-style-type: none"> 1-2 day(s) Work Crew 8-16 hrs CSW Increased Court Freq. Roundtable Good-Bye Letter Daily Enhanced s/s mtgs 	Moderate Sanction: <ul style="list-style-type: none"> 1-2 day(s) Work Crew 8-16 hrs CSW Increased Court Freq. Roundtable Good-Bye Letter Daily Enhanced s/s mtgs 30 days Probation*
	N/A	High Sanction: <ul style="list-style-type: none"> 1-2 day(s) Work Crew Good-Bye Letter 	High Sanction: <ul style="list-style-type: none"> Jail 30 days Probation* Termination 	High Sanction: <ul style="list-style-type: none"> Jail Termination
Sober Support (Meeting Attendance)	Low Sanction: <ul style="list-style-type: none"> SVA Written Plan 	Low Sanction: <ul style="list-style-type: none"> SVA Written Plan Increased s/s mtgs 	Moderate Sanction <ul style="list-style-type: none"> Enhanced s/s mtgs Increased s/s mtgs Daily s/s mtgs 	High Sanction: <ul style="list-style-type: none"> Writing Assignment Team Roundtable Enhanced s/s mtgs Increased Attendance
	Moderate Sanction: <ul style="list-style-type: none"> Enhanced s/s mtgs Increased s/s mtgs 	Moderate Sanction: <ul style="list-style-type: none"> Enhanced + Increased s/s mtgs Writing Assignment Team Roundtable 	High Sanction: <ul style="list-style-type: none"> Writing Assignment Team Roundtable 	
Treatment (Missed Sessions, Failure to comply with treatment plan)	Low Sanction: <ul style="list-style-type: none"> SVA Calendar Assignment 	Low Sanction: <ul style="list-style-type: none"> Writing Assignment Calendar Assignment 	Moderate Sanction: <ul style="list-style-type: none"> 6-8 hrs CSW Roundtable 	High Sanction: <ul style="list-style-type: none"> Roundtable 8-16 hrs CSW 1-2 day(s) Work Crew 30 days Probation*
	Moderate Sanction: <ul style="list-style-type: none"> Writing Assignment 2-4 hrs CSW 1-1 mtg w/Tx 	Moderate Sanction: <ul style="list-style-type: none"> 4-6 hrs CSW Roundtable 	High Sanction: <ul style="list-style-type: none"> 1 day Work Crew 8 hrs CSW 30 days Probation* 	
Ancillary Services (Mental Health, Parenting Classes, etc.)	Low Sanction: <ul style="list-style-type: none"> SVA 1-1 mtg w/SW Calendar Assignment 	Low Sanction: <ul style="list-style-type: none"> Writing Assignment Calendar Assignment 	Moderate Sanction: <ul style="list-style-type: none"> 2-4 hrs CSW 	Moderate Sanction: <ul style="list-style-type: none"> 6-8 hrs CSW 1 day Work Crew
	Moderate Sanction: <ul style="list-style-type: none"> Writing Assignment Daily Check-In with SW 	Moderate Sanction: <ul style="list-style-type: none"> 2-4 hrs CSW 	High Sanction: <ul style="list-style-type: none"> 6-8 hrs CSW 	High Sanction: <ul style="list-style-type: none"> 2 days Work Crew 16 hrs CSW 30 days Probation*

FDTC Participant Sanction Chart

(This Chart is not based on participant's Stage in FDTC)

Disclosure (Failure to use Contact Info Update or Med Forms)	Low Sanction: <ul style="list-style-type: none"> • SVA / Complete Form 	Moderate Sanction: <ul style="list-style-type: none"> • Writing Assignment / Complete Form 	High Sanction: <ul style="list-style-type: none"> • 2 hrs CSW / Complete Form
Incomplete Sanction (Unexcused)	Low Sanction: <ul style="list-style-type: none"> • Double Sanction 	Moderate Sanction: <ul style="list-style-type: none"> • Case by Case Review 	N/A
Dishonesty (Forgery, Omission, Lying)	Low Sanction: <ul style="list-style-type: none"> • Letter of Apology • Writing Assignment 	Moderate Sanction: <ul style="list-style-type: none"> • 1-2 day(s) Work Crew • 8-16 hrs CSW • Roundtable 	High Sanction: <ul style="list-style-type: none"> • Jail • Termination
Court (Unexcused Lateness & Behavior)	Low Sanction: <ul style="list-style-type: none"> • Letter of Apology • Sit in Jury Box 	Moderate Sanction: <ul style="list-style-type: none"> • 4 hrs CSW 	High Sanction: <ul style="list-style-type: none"> • 6-8 hrs CSW

Any "Sanction" given by the Court to address a participant's behavior may also result in a delay of Stage Advancement.

* The Phrase "**30 Days Probation**" refers to a 30 day time period in which clients cannot have any *Major Program Violations*. *Major Program Violations* are defined as infractions in the following program areas: UA testing, Treatment, Ancillary Services, Incomplete Sanctions and Dishonesty. **Major violations during the 30 day probation period may result in termination from FDTC.**

The FDTC Participant Behaviors and Sanctions Chart is intended only as a guide. The Team reserves the right to use any Sanction (including Jail or Termination) to address Violations in any Stage of the program.

GRADUATION

After you have completed all FDTC requirements, you will be eligible to graduate the program. All scheduled graduation dates are tentative and subject to change. You should not make plans that would impact your ability to continue your participation in FDTC should your graduation date be extended.

Graduations are very special in FDTC. At graduation, the Judge awards the graduating participant a certificate of completion. The FDTC Team also welcomes the participant's family and friends to attend court and share their congratulations.

GRADUATION REQUIREMENTS

- No unresolved sanctions
- Minimum 90 days continuous demonstrated clean and sober time.
- Successful discharge from a substance use treatment program.
- Maintain safe and stable housing.
- An appropriate permanency plan for children has been completed.
- Demonstrate support system and safety plan for children.
- Present sustainability plan to the FDTC Team.
- Attend and engage in all recommended DCFS services and meetings.
- Attend court as required.
- Other individual requirements (if applicable).

CONCLUSION

The Judge and the FDTC Team are here to assist and guide you, but the final responsibility to complete this program is yours. We care about our participants, but you are the one who has to make the necessary changes in your life. If you have any additional questions or concerns about FDTC, please do not hesitate to contact a FDTC Team member.

Finally, do not forget your family and those who are close to you. Make them a part of what you are trying to accomplish, and let them share in your success!