



**Minutes of the Snohomish County**

**Council on Aging**

June 21, 2017



**CALL TO ORDER**

The monthly meeting of the Snohomish County Council on Aging was held at Compass Health Administrative Offices, 4526 Federal Avenue in Everett, WA 98203 and convened at 10:00 am with Nora Todd presiding.

**BOARD MEMBERS IN ATTENDANCE**

Allison, Kathleen	✓	Leon-Gaitan, Margie	AB
Bartett, Sheila	✓	Mahoney, Patrick	EX
Blood, Matt	✓	Manus, Kimberly	AB
Cavelero, Sue	✓	Nigh, Sam	EX
Cho, Jay	✓	Porciuncula, Antonio	AB
Cuajao, Tracy	EX	Teel, Susan	✓
Fox, Barbara	✓	Todd, Nora	✓
Holcomb, Mike	✓	Weight, Jane	AB
Holmes, Liz	✓	Wheeler, Dennis	✓
Johnson, Janet	✓	Whitesell, Linda	✓
Klem, Dianne	✓	Wong, So Ying	✓
Lee, Robert (Bob)	✓	Yuen, Jennifer	EX

**GUESTS IN ATTENDANCE**

Ron Vivion, Martha Peppones, Madeline Hem, Janna Emelander, Ramonda Sousza and Richard Porter.

**STAFF IN ATTENDANCE**

*John Peterson, Linda Vizmanos, Aime Fink, and Stefanie Novacek*

**CHAIRPERSON'S REPORT**

- Jon Waters has resigned on the committee due to a new job with Snohomish County. Also, Patrick Mahoney thanked the committee for the card and is trying to get back to meetings as soon as possible.
- Nora announced a project that Jon Waters was helping lead. The project is to increase communications with older adults and teens. It has not been determined what it will entail or when it will be launching. The project leads are reaching out to other community entities so there may be additional involvement i.e., The Rotary or other Senior agencies.
- Nora announced a request for committee members. A sign up sheet will be passed around.
- Next meeting will entail recruitment for the COA. Focus groups will be held. Please bring 2 or 3 names of individuals that you may know, with contact information.

**APPROVAL OF MINUTES**

***A motion was made to approve the May 2017 meeting minutes. The motion was seconded and carried unanimously.***

**TWO MINUTE ADVOCACY – Susan Teel**

- Susan announced that the House passed an ACA Bill to replace the Affordable Care Act.
- A letter was drafted for the COA to review, sign and send to Senator Maria Cantwell. Envelopes, stamps and address labels have been provided.
- Additionally, there are thank you postcards for passing House Bill 1570. Please take the time to address and stamp.

## **Carless in Snohomish County – Richard Porter (Catholic Community Services) and Ramanda Sousa (Homage – Senior Services)**

**Volunteer Transportation Services:** Volunteer transportation service provides low-income elders and disabled adults with the transportation they need to be able to get to their medical appointments, the grocery store, and to other essential errands. In some areas, we also provide rides to individuals referred by Medicaid. Our volunteer drivers are generous, well-trained individuals; the service helps maintain independence and dignity and really "Brings Community Home."

Volunteers transport clients on a pre-authorized basis for medical and health care appointments. Volunteers use their own cars for transportation.

### **Homage Senior Services:**

**DART (Dial-A-Ride-Transportation)** is designed for people whose disability or health condition prevents them from using regular fixed-route bus service. DART's courteous, friendly, well-trained drivers are able to safely assist guests aboard clean, air-conditioned, wheelchair equipped vehicles. Trips can be made for any reason, such as health care, employment, shopping, senior centers, schools, recreation, social activities and more.

**TAP** provides safe and reliable transportation for older adults and people with disabilities who live outside the DART service area. TAP's wheelchair accessible vehicles connect people to services, health care, senior centers, shopping, recreation and more.

TAP clients are picked up at their door and delivered to their destination or if needed, transferred to another transportation provider – DART, Everett Para Transit, or ACCESS.

### **MEDICAID TRANSFORMATION PROJECT DEMONSTRATION –Aime Fink**

Aime announced that the implementation has been delayed until August 1, 2017.

- The Outreach Plan is almost completed next meeting more detail will be presented.
- We will be signing individuals up for those interested in going into the community and presenting the program.

### **BOARD AND COMMITTEE REPORTS**

#### **Executive Committee– Nora Todd**

- The committee met this morning
- Please say a prayer for Patrick Mahoney
- A field trip has been planned for the August meeting. The COA will be taking a ride on the transit system.
- More information to come at the COA meeting in July.

#### **Advocacy and Diversity – Susan Teel**

- Minutes from the last meeting were supplied.
- The committee reviewed the 2-Minute Advocacy
- A meeting is set to be held following this meeting.

#### **Senior Centers– Sheila Bartlett**

- Sheila thanked Stefanie for the presentation about the Meals Program Contract. RFP for the program will be sent out this fall.
- Break out sessions were held to brainstorm ideas to improve the meals program at the centers.
- Martha Peppones, Homage Senior Services - provided a presentation of the history and funding of the Meals on Wheels Program and the Congregate Meal Program.
- Next meeting the committee will be looking at a Code of Conduct for the Senior Centers. We are searching for someone to provide information about Codes of Conduct.
- Next meeting will be August 10<sup>th</sup> at the Stillaguamish Senior Center

**Healthy Aging – Linda Whitesell**

- The meeting was held on June 12th.
- Shannon O’Kelley, PT and Founder of the Intergrated Rehabilitation Group provided a presentation on exercise and moving throughout life.
- A discussion took place about the room set up for the forum.
- Next meeting will be held on August 14, 2017. No meeting in July.

**FAE John Peterson**

- No Report

**CDMH Board – Ron Vivion**

- The board will be meeting this evening, June 21, 2017

**State COA – Ron Vivion**

- No Report
- Next meeting - Tuesday, June 27, 2017
- The discussion will be around lack of a budget.

**NSBHO – Jennifer Yuen**

- No Report

**Staff Report**

- Rin Phan was hired in LTCA...will be attending next meeting
- Jon Waters has been hired at Snohomish County, so he has resigned from the COA
- Snohomish County is definitely concerned about the possibility of no state budget.

**Public Comment**

Ron announced the Initiative that was submitted to the County Council and Executive Dave Somers for an increase to the 2018 budget for support of Veterans.

**Closing Ceremonies**

Nora provided closing ceremonies

**Adjournment at 12:00**

**Next Meeting will be on July 26, 2017 @ 10:00 to Noon, Compass Health**