

Optimum Value Medication List

Medications that offer the best value

Are you on a medication to prevent or manage a health condition?

The medications listed on this flyer can help prevent many illnesses and conditions for people who have risk factors.

If your medication is on this list, your prescription benefit helps you save money and stay on your treatment plan. Under some plans, you may not need to pay a copay, coinsurance and/or deductible for the medications on this list.

Be sure to follow your doctor's treatment plan – including taking prescribed medications as directed – to help you live a healthier life today and possibly avoid serious illness and high health care costs down the road.

Questions?

Call the Customer Service number on your member ID card.



Effective 1/1/18

Regence BlueShield serves select counties in the state of Washington and is an Independent Licensee of the Blue Cross and Blue Shield Association

Regence BlueShield
1800 9th Ave | Seattle, WA 98101

© 2017 Regence BlueShield

Regence complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-888-344-6347 (TTY: 711).

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-888-344-6347 (TTY: 711)。

ANTICONVULSANTS
carbamazepine tablets and chewable tablets
carbamazepine suspension
divalproex capsules
divalproex DR tablets
divalproex ER tablets
gabapentin capsules and tablets
lamotrigine tablets and chewable tablets
levetiracetam tablets and solution
levetiracetam ER tablets
lithium carbonate
oxcarbazepine tablets
topiramate tablets
valproate sodium solution
zonisamide
CARDIOVASCULAR
Anticoagulants/ Antiplatelets
clopidogrel
dipyridamole
warfarin
Beta Blockers
acebutolol
atenolol
bisoprolol
carvedilol
labetalol
metoprolol succinate
metoprolol tartrate
propranolol tablets and solution
sotalol
timolol maleate tablets
Calcium Channel Blockers
amlodipine
diltiazem
felodipine ER
isradipine
nifedipine capsules
nifedipine ER tablets
Cholesterol
atorvastatin
lovastatin
pravastatin
rosuvastatin
simvastatin
Combination Products
amiloride-HCTZ
atenolol-chlorthalidone

bisoprolol-HCTZ
enalapril-HCTZ
irbesartan-HCTZ
lisinopril-HCTZ
losartan-HCTZ
metoprolol-HCTZ
nadolol-bendroflumethiazide tablets
olmesartan-HCTZ
propranolol-HCTZ
triamterene-HCTZ capsules and tablets
telmisartan-HCTZ
valsartan-HCTZ
Diuretics
amiloride
bumetanide
chlorothiazide
chlorthalidone
furosemide tablets and solution
hydrochlorothiazide capsules and tablets
indapamide
methazolamide
methyclothiazide
spironolactone
toremide
Other
clonidine patches
digoxin
Renin/ Angiotensin System Antagonists
benazepril
enalapril
eplerenone
fosinopril
irbesartan
lisinopril
losartan
olmesartan
quinapril
ramipril
telmisartan
trandolapril
valsartan
verapamil tablets
verapamil ER tablets
Vasodilators
hydralazine
isosorbide mononitrate tablets
isosorbide mononitrate ER tablets
isosorbide dinitrate



Effective 1/1/18

Regence BlueShield serves select counties in the state of Washington and is an Independent Licensee of the Blue Cross and Blue Shield Association

Regence BlueShield
1800 9th Ave | Seattle, WA 98101

© 2017 Regence BlueShield

Regence complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-888-344-6347 (TTY: 711).

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-888-344-6347 (TTY: 711)。

nitroglycerin patch
DIABETES
Glucose Rescue Products
GlucaGen® HypoKit®
Glucagon®
Insulins
Humalog® products
Humulin® products
Lantus® products
Levemir® products
Toujeo® products
Tresiba® products
Metformin products
glipizide-metformin
glyburide-metformin
metformin
metformin ER (non-osmotic, non-modified)
Other
pioglitazone
Sulfonylureas
glimepiride
glipizide
glipizide ER
glyburide
glyburide micronized
tolazamide
Testing Strips
LifeScan OneTouch® products
MENTAL HEALTH
amitriptyline
aripiprazole tablets (Non-ODT)
bupropion ER/ SR tablets
bupropion IR tablets
citalopram tablets and solution
doxepin capsules and solution
duloxetine (Not 40mg)
escitalopram tablets
fluoxetine (PMDD) capsules
fluoxetine capsules, tablets, and solution

flvoxamine IR tablets
mirtazapine (non-ODT)
nortriptyline capsules and solution
olanzapine tablets (non-ODT)
paroxetine tablets and suspension
quetiapine IR tablets
risperidone tablets (non-ODT)
sertraline tablets and solution
venlafaxine ER capsules
venlafaxine IR tablets
ziprasidone
OSTEOPOROSIS
alendronate (except 40 mg)
ibandronate
RESPIRATORY
Anticholinergics
ipratropium bromide solution
Inhaled Corticosteroids
budesonide (inhalation) nebulized
QVAR®
Leukotriene Receptor Antagonists
montelukast chewable tablets
montelukast tablets
Methylxanthines
theophylline elixir
theophylline solution
theophylline tablets, 12 hour and 24 hour
Short Acting Beta Agonists (SABA)
albuterol nebulized
albuterol syrup
albuterol tablets
albuterol ER tablets
ProAir® HFA inhaler
ProAir® RespiClick®
Ventolin® inhaler
SABA/ Anticholinergics
ipratropium-albuterol inhaler
ipratropium-albuterol nebulized



Effective 1/1/18

Regence BlueShield serves select counties in the state of Washington and is an Independent Licensee of the Blue Cross and Blue Shield Association

Regence BlueShield
1800 9th Ave | Seattle, WA 98101

© 2017 Regence BlueShield

Regence complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-888-344-6347 (TTY: 711).

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-888-344-6347 (TTY: 711)。