

North Sound Behavioral Health Treatment Facility

About the Changes & the Choice of the Site

- Q. What is the construction timeline, and when would treatment facilities open?
- A. State capital funding was received in February 2018, and we anticipate the architectural design process will be completed by the end of 2018. The construction phase will occur during 2019, and we hope to open treatment programs during the first quarter of 2020.
- Q. Why is vacant juvenile detention space available for use?
- A. Juvenile sentencing guidelines have changed since the detention center was built, which has resulted in fewer youth being detained. This trend is encouraging as research shows better long-term outcomes for juvenile offenders if they participate in community rehabilitation programs versus being confined in detention centers.
- Q. Will juvenile offenders still be held at Denney?
- A. Yes. The remodel is being proposed to provide separate entrances for adolescents and their families and adults accessing inpatient treatment. Also, there will be no interaction between adolescents and adults – no sight and no sound.
- Q. Will both adolescents and adults be able to receive treatment at this site?
- A. These treatment services will be for adults. Adolescents are able to access inpatient treatment through other state-covered programs.
- Q. Will Denney Juvenile Justice Center continue to serve adolescents?
- A. Yes. Juvenile court probation and detention services will remain at this site.
- Q. What additional taxes could be anticipated?
- A. No new taxes will be collected for this treatment program. The renovation costs will be covered through state funds, and the cost to provide the treatment is reimbursed through Medicaid.

- Q. Has the project been approved yet, and what government officials are a part of the approval processes?
- A. City, county, and state officials have indicated support for this project. After conversations with the city, the county is now completing the zoning application. The city will schedule a land use hearing after receiving the zoning application.

Impact on the Surrounding Neighborhood and Traffic

- Q. Will people be admitted and discharged 24/7?
- A. No. Admissions will be scheduled during daytime hours, by appointment only. Discharges may occur after standard work hours.
- Q. Will people be discharged into the surrounding Delta Neighborhood?
- A. No. People leaving inpatient treatment will be picked up by family or friends, or driven by the agency staff to Everett Station where they can access a bus or train.
- Q. Will the treatment facilities be locked?
- A. The facilities will be secured, so people can't randomly come and go, but not "locked down" like a jail or psychiatric hospital.
- Q. How will patients' outdoor recreational time be managed?
- A. Patients will be restricted to the rec areas and not allowed to walk freely on the campus.
- Q. Will people drive themselves to the treatment program?
- A. No. Friends, family, or community case managers will drop-off people during designated admission times. Patients will not drive personal vehicles to the site.
- Q. Will new programs generate more traffic?
- A. A traffic study has been completed which shows that there will be less traffic than was anticipated when Denney Juvenile Justice Center first opened.

Q. Will visitors be allowed?

A. Family members may be allowed to visit during designated periods. Providers may also offer a family education group, which would likely be on Saturdays.

Q. What level of support and opposition is seen from local business and residents?

A. A meeting was held on February 5th with community partners including Everett Community College, Everett Public Schools, City of Everett, Providence Hospital, WSU Everett, Council of Neighborhoods, and Northwest Neighborhood Association. There were many good questions, and many expressed support for the program.

Patients, Employees, Security, and the Program

Q. How long will someone be in the treatment program?

A. Treatment is dependent on patients' individual needs, but a typical length of stay is approximately 30 days.

Q. What kind of treatment will people be receiving?

A. This program will provide chemical dependency inpatient treatment. Patients will have completed a detox program prior to arriving at the inpatient treatment program. Patients will participate in both group and individual counseling with licensed counselors.

Q. How many people will be receiving treatment at any given time?

A. Two 16-bed programs are being planned for the vacant space within Denney. The maximum number of patients in treatment at any one time is 32.

Q. How many people will be employed by the treatment providers?

A. While the providers haven't been selected at this time, we anticipate 24 to 34 employees will be hired to cover the 24/7 operation.

Q. Will both adolescents and adults be able to receive treatment at this site?

A. These treatment services will be for adults. Adolescents are able to access inpatient treatment through other state-covered programs.

Q. Do we expect a need for any additional law enforcement security needs?

A. This is a voluntary program and people will come of their own free will. Staff will be trained to motivate patients to fully participate in treatment. Staff will also be trained in de-escalation techniques.

Q. What type of treatments will clients receive?

A. This program will provide chemical dependency inpatient treatment. Patients will have completed a detox program prior to arriving at the inpatient treatment program. Patients will participate in both group and individual counseling with licensed counselors.

Q. What post-treatment services and support are available to the clients?

A. At the completion of inpatient treatment, patients will be expected to participate in outpatient chemical dependency treatment. Outpatient treatment will be coordinated by the treatment provider prior to the person leaving inpatient treatment. Depending on each person's needs and individual situations, they may also receive housing, transportation, employment, and other types of assistance as well.

Additional Information

Q. Where can I call with concerns or questions about treatment providers or patients?

A. The phone number of the treatment providers will be available. It will be a 24/7 number. Snohomish County Human Services can also be contacted.

Q. If I have a relative or friend who needs treatment, can they go to this program?

A. This program will be open to individuals who are Medicaid eligible, i.e. health insurance through Apple Health (Molina, Community Health Plan of Washington, United Healthcare, Amerigroup and Coordinated Care Corporation). To start the process, people contact local chemical dependency treatment agencies to schedule a chemical dependency assessment (Evergreen Recovery Centers, Catholic Community Services, Therapeutic Health Services, and SeaMar). People are also encouraged to call 211 (operated by Volunteers of America) for assistance in scheduling an assessment.