

INCLUSION RESOURCES

LOCAL RESOURCES

Arc of Snohomish County Provides support to self-advocates and families to connect to inclusive recreation and leisure opportunities. Provides leadership training and connects leaders to leadership roles to promote inclusion.
425-258-2459 www.arcnso.org

Northwest ADA Center Provides free phone consultation as well as onsite and webinar training regarding Americans with Disabilities Act compliance.
800-949-4232 <http://nwadacenter.org/>

Everett Parks and Recreation Assists with planning accessible recreational programs and inclusive camps
425-257-8369 jlewis@everettwa.gov

Family Support Centers in Snohomish County:
Promotes inclusive and welcoming communities for all. Assists individuals with developmental disabilities to have access to and fully participate in their community through leadership, opportunities for collaboration, peer support and connection to the community.

Darrington Family Support Center 360-436-0308
Familias Unidas Family Support Center 425-513-2880
Lake Stevens Family Center 425-397-7433
Granite Falls Family Center 360-386-9282
Northshore Family Center 425-205-2004
Sky Valley Community Resource Center 360-793-2400
South Everett Neighborhood Center 425-355-6005
Stanwood Camano Community Ctr. 360-629-5257
Family Center South Snohomish Co. 425-670-8984
Arlington Community Resource Center 360-386-7989

Washington State Parks Accessible Pass
Provides discounts on camping and moorage.
www.parks.wa.gov/205/Passes

YMCA of Snohomish County Provides a variety of accessible recreational programs and camps.
www.ymca-snoco.org

INCLUSION RESOURCES

COMMUNITY EDUCATION RESOURCES

Snohomish County Developmental Disabilities
Fosters inclusive communities that support people with developmental disabilities to fully participate in and contribute to all aspects of community life. Check out resource books, inspirational videos and more Coordinates efforts with Coalition for Inclusive Communities, Arc of Snohomish County and Family Support Centers to promote inclusion.
425-388-7320 www.snohomishcountywa.gov/dd

KIT: Training Series: Opening Doors to Inclusive Programs: Available in Snohomish County. Each session is two hours in length and includes valuable information, interactive activities and opportunities for discussion.

For more information contact: *Cheryl Iverson, M.Ed
Assistant Director of the Child Development Center
Naval Station Everett
760-500-7854
cheryliverson1132@gmail.com
*WA State MERIT Approved Trainer
KIT Trainings are STARS approved

1. Introduction to Inclusion
2. Respectful Accommodations
3. Supporting Positive Behavior
4. Partnering with Families

Jameson Hope Lending Library: Has a variety of videos, trainings materials, books and curriculums that are available to check out.
www.arcsno.org

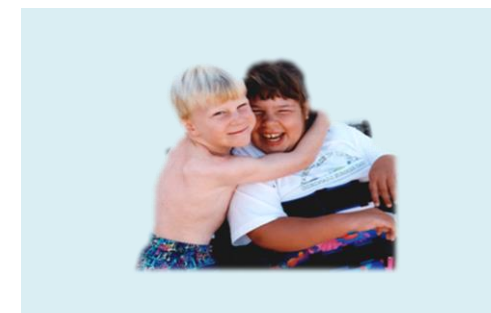
Disability Scoop: News stories about people with disabilities
www.disabilitycoop.com

Inclusion: Includes a variety of resources on Inclusion.
www.inclusion.com

Sprout Film Festival: Includes a variety of disability related films.
www.sproutflix.org

Informing Families: Learn about early intervention services and connect with other families.
<http://informingfamilies.org/>

Coalition for Inclusive Communities



**Building Inclusive Communities
in Snohomish County**

ABOUT US

The Coalition of Inclusive Communities is committed to building community inclusion on behalf of Snohomish County residents with disabilities.

The Coalition believes “disability is a natural part of the human experience* and communities are strengthened when a diverse range of individuals are valued and included.

Building communities of inclusion begins with a willingness to see people with disabilities as assets to the community who, with understanding and support, can achieve success the same as everyone else.

*Developmental Disabilities Assistance and Bill of Rights Act of 2000/Public Law 106-402 (10/30/2000).

CIC MEMBERS

Snohomish County Developmental Disabilities

City of Everett Parks & Recreation

YMCA of Snohomish County

Arc of Snohomish County

North Counties Family Services

Lutheran Community Services Northwest

Northshore Family Support Center:

Volunteers of America

Naval Station Everett

Tulalip Tribes

My Village Northwest

THREE LEVELS OF INCLUSION

Inclusion of individuals with disabilities is a value of healthy communities and defined as having three levels.²

1. Physical Integration

Ensures that a person’s right to access is recognized and assured (mandated by the Architectural Barrier’s Act of 1968 and the American Disabilities Act). This level is a prerequisite to the following two levels of inclusion.

2. Functional Inclusion

Functional Inclusion refers to an individual’s ability to function within a given environment. Facility staff members must have adequate knowledge and resources in order to appropriately adapt their activities for this level to occur. Once a community accomplishes the first and second levels of Inclusion they may then move forward to the third, Social Inclusion.

3. Social Inclusion:

Social Inclusion is the highest level of inclusion; cannot be mandated and must be internally motivated. It is defined as “one’s ability to gain social acceptance and/or participate in positive interactions with peers during recreation activities.” (Schleien, et al. 1999, as cited in Nolan, 2005)

²Nolan, Catherine Veronica. “Best Practices of Inclusion Services: The Value of Inclusion.” *Access Today*, Winter 2005, Issue 19. National Center on Accessibility. April 27, 2007. <<http://www.ncaonline.org/monographs/19inclusion.shtml>>.

COMMUNITY PARTNERSHIPS

It is well documented that “empowering individuals with developmental disabilities to become valued and active members of their communities through involvement in community-based leisure settings” while facilitating meaningful relationships between people with and without disabilities, makes communities stronger.

The Coalition recognizes that most organizations and municipalities have mission statements and strategic plans that embrace principles that value people of different abilities and cultures.

STRATEGIES, DIRECTION & ACTIONS

Creating a community of inclusion requires a mobilization of its members to be inclusive to all and empower individuals to become valued, active members of their communities.

The Coalition of Inclusive Communities vision is to:

- Enhance and build on existing assets
- Empower people to become valued and active members in their communities
- Partner, collaborate and work with the community to promote inclusive opportunities and develop resources.
- Collaborate with local diversity councils, organizations and municipalities to promote inclusion.
- Serve as a training and educational resource to promote inclusion for individuals with disabilities.

425-388-7320
ddinfo@snoco.org