

# Snohomish County Treatment Court and Programs Juvenile Treatment Services (JCS) Handbook

**This handbook provides information about what is expected of you while on community supervision. Please read and ask questions.**

## **INTRODUCTION**

Welcome to Snohomish County Treatment Court and Program Juvenile Treatment Services. You will be offered substance abuse and/or mental health treatment services while on probation and support by a team consisting of treatment and probation.

We want you to:

- Show up
- Be honest
- Try

We want parents/guardians/support person to help you:

- Attend court hearings, case reviews, and activities
- Attend family treatment sessions
- Keep in contact with probation and treatment
- Support the youth and keep a drug/alcohol free home

## **COURT ORDERED CONDITIONS AND EXPECTATIONS**

- **DO** sign all releases of information.
- **DO** be honest (not giving all of or not telling the information is dishonest)
- **DO** show up for all scheduled court hearings. Contact probation if you cannot attend.
- **DO** follow all your probation and treatment case plans.
- **DO** be respectful to all staff. Follow rules at treatment agencies.
- **DO** show up to all probation meetings and treatment services (10 minutes late means missed session)
- **DO** take a UA as directed.
- **DO** contact treatment and probation regarding use of alcohol and/or drugs. Being honest is important and helps us support you.
- **DO** fill out a medication form.
- **DO** attend school or employment as directed.
- **DO** live with parent(s)/guardian(s) or at other approved home in Snohomish County. Your probation counselor **must** be told of any changes to address or phone number within 24 hours.

- **DO** pay restitution for the charges as directed.
- **DO** schedule appointments around treatment requirements and court hearings.
  
- **DO NOT** commit any crimes.
- **DO NOT** drink alcohol or use any drugs, including marijuana.
- **DO NOT** use
  - Energy drinks, fermented drinks (*Kombucha Tea*), or any drink that may have alcohol
  - Foods that have: poppy seeds, alcohol, drugs or marijuana
  - Over the counter medicine that have alcohol (*Nyquil*) or dextromethorphan (*Coricidin, Cough & Cold, Robitussin*)
  - Synthetic drugs (*Spice, Kratom*)
- **DO NOT** smoke, use vapor pens, e-cigarettes, or chew tobacco if against the law.
- **DO NOT** miss or tamper with drug tests. You may be sanctioned for a missed, positive, tampered, unable, or dilute drug test

**FAILURE TO ATTEND A SCHEDULED COURT HEARING WILL RESULT IN A BENCH WARRANT**

**COMPLETION**

You have your own individual case plan based upon your needs and goals that are put together by probation and treatment. You will finish probation as soon as your case plan is completed.

**INCENTIVES AND SANCTIONS**

You and your probation counselor will create plans for setting goals to earn incentives. The plans will be reviewed weekly or bi-weekly and work towards the goals for completing probation.

**Incentives may include:**

- |                                  |                                |
|----------------------------------|--------------------------------|
| • Praise from the judge and team | • Gift cards                   |
| • Early release from probation   | • Movie passes                 |
| • Gas cards                      | • Snacks                       |
| • Certificates                   | • Electronic accessories       |
| • Less court hearings            | • Inspirational coins & stones |
| • Trip requests                  |                                |

You may get sanctions for not following the court orders. Reasons for sanctions include:

- Dishonesty
- Positive, missed, dilute, altered, or unable to give UA test

- Not attending court, treatment, or probation meetings
- Curfew or not being home
- School attendance
- Use of drugs/alcohol

**Sanctions may include:**

- |  |                                     |
|--|-------------------------------------|
| • Verbal warning from judge                  | • Written assignments               |
| • Community service or pro-social activities | • Weekend community service program |
| • More court hearings                        | • Structured school program         |
| • House arrest                               | • Detention/jail                    |
| • Longer time on probation                   |                                     |

**\*Being dishonest may have a larger sanction**

**URINALYSIS (UA) TESTING**

We use UA testing to check for drug and alcohol use. Not taking a UA, drinking fluids to water down the UA, and trying to alter the UA test are the same as having a positive UA test. UAs will need to be done if requested by the probation counselor or court staff, and/or treatment counselor. UAs may be requested on weekends.

UA testing may be done by probation counselors, court staff, or treatment counselor.

- UA testing may occur at DJJC, school, treatment, during probation meetings, or at a UA collection site.
- UA testing may or may not be observed.

**You must not take any of the following while on probation:**

- Energy drinks, fermented drinks (Kombucha Tea), or alcohol
- Food with poppy seeds, alcohol, drugs, or marijuana
- Cold medicine having alcohol (ex: Nyquil) or dextromethorphan (ex: Coricidin, Cough and Cold Robitussin, Sudafed)
- No alcohol, drugs, or synthetic drugs (spice, kratom)
- Do not consume large amounts of water or drinks prior to submitting a sample. **Diluted specimens are treated as POSITIVE results and will be sanctioned**

***A POSITIVE UA BECAUSE OF TAKING ANY OF THE ABOVE ITEMS MAY GET A SANCTION.***

**RESOURCES**

We offer many resources to you and your family to support the goals set in your case plans. Some resources are at no costs to the families.

- **Substance Use Treatment**- individual and group session focusing on drug/alcohol use and ranging from outpatient to inpatient. Your insurance will be first option for payment. We may help with payment **only** if you are going to treatment at an agency contracting with TCP.
- **Functional Family Therapy**- focus on improving family communication. Paid for by TCP.
- **Mental Health Counseling**- individual counseling focusing on needs identified in mental health assessment. Your insurance will be first option for payment. We may help with payment **only** if you are going to treatment at an agency contracting with TCP.
- **Moral Reconciliation Therapy**- treatment program focusing on thinking and making changes. Paid for by TCP.
- **Aggression Replacement Training**- probation lead class focusing on building skills, thinking, and looking at anger triggers. Paid for by TCP.
- **Trails to Success**- employment class focusing on employment skills. Paid for by TCP.
- **UA testing**- Paid for by TCP.

**Families may be asked to provide treatment agencies with financial information to help get the needed funding.**

### **COURTROOM RULES:**

You must follow the rules of the courtroom. If the rules are not followed, then the judge or team will give you a warning. Continued violations may result in a sanction.

- Turn off all electronic devices and cell phones **BEFORE** entering the courtroom.
- You **MUST** be properly attired in court at all times or you may be sanctioned. Bare feet, tank tops, halters, bare midriffs, see through garments are not acceptable. No visible undergarments.
- **NO** clothing displaying alcoholic beverages, drugs, nude pictures, obscenities or other words or images that may be offensive to other youth, parents or staff will be allowed.
- **NO** hats, bandanas or other headdress except religious or medical will be permitted at any time. **NO** sunglasses will be worn in the courtroom.
- Young children are welcome in the courtroom, however if they become restless please take them outside the courtroom while court is in session.
- Food or drink **ARE NOT** allowed in the courtroom. This includes gum, candy, mints, etc. and applies to all in the courtroom, including children.
- Be respectful of others in the courtroom and the Court. Do not socialize. No profanity or bad language. The judge should always be addressed as “Judge” or “Your Honor.”

- Be quiet in the lobby, as other Courts are in session.

## **MEDICATIONS**

We expect you to be alcohol and drug free, including the use of substances that may be habit forming, have abuse potential, be harmful to your recover or that may conflict with UA testing; such as:

- ⊗ **Central Nervous System (CNS) Stimulates** (e.g. *Adderall, Concerta, Ritalin, Dexedrine*)
- ⊗ **Barbiturates** (e.g. *Seconol, Butisol Sodium, Phenobarbital*)
- ⊗ **Benzodiazepines** (e.g. *Xanax, Klonopin, Valium*)
- ⊗ **Hallucinogens** (e.g. *Dextromethorphan-DXM, Cannabis, Marinol*)
- ⊗ **Sedative-Hypnotic** (e.g. *Ambien, Soma, Lunesta*)
- ⊗ **Opioids** (e.g. *OxyContin, Vicodin, Codeine, Tramadol*)
- ⊗ **Alcohol** (e.g. *Peridex Oral Rinse*)
- **Over the Counter Medications** including pseudoephedrine, ephedrine, dextromethorphan, phenylephrine, alcohol, or medication that may conflict with urinalysis testing (e.g. *Nyquil, Sudafed, Robitussin, Delsym, Vicks, Claritin-D, Benadryl, Zantac*)
- ⊗ **Supplements that contain Creatine or CBD**

You must notify your JPC if prescribed medications. All prescriptions for chronic pain, mental health symptoms, habit forming, or may interfere with UA testing, must follow the below process:

- You must inform the doctor that you are participating in treatment and probation services and are not to take drug/alcohol or habit forming medications.
- All prescribed medications must have a medication form filled out by the doctor and provided to probation within 48 hours.
- During every UA test, you must list all medication you are currently taking.
- Not informing the probation of medication may result in a sanction.

## **TRAVEL**

If you need to leave the state or country, then you will need to notify your JPC as soon as possible. You may be required to get permission from the Judge and/or fill out Interstate Compact forms before you travel.

## **CONFIDENTIALITY**

You are required to sign a release of information, which gives your treatment provider and school permission to provide information to the juvenile probation counselor.

Your privacy is respected and staff will make every effort to protect your privacy.

Substance use treatment records are protected under Federal regulations cannot be disclosed without your written consent. You are expected to respect the rules of confidentiality and not discuss or disclose information from treatment group or court.

**This program is for you. We are here to help you develop the skills you will need now and in the future to live a successful, drug free life and in control.**