

Parent Resources



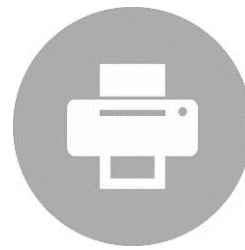
Parent Resources



Educational Fun



Try these APPs



Printable Activities



Videos to Watch

Parent Resources



Centers for Disease Control and Prevention

Essentials for Parenting Toddlers and Preschoolers.

<https://www.cdc.gov/parents/essentials/index.html>

UNICEF USA

Helping Kids Adjust to Online Learning During the Coronavirus Pandemic

<https://www.unicefusa.org/stories/helping-kids-adjust-online-learning-during-coronavirus-pandemic/37106>

Parent Help 123

<https://www.parenthelp123.org/>

Try these APPs



VRoOm: Download the FREE APP

Vroom Tips™ help you do more with your shared moments. Add learning to mealtime, bathtime, bedtime, or anytime with 1,000+ fun, free activities. Ages birth – 5yrs.

<https://www.vroom.org/about>

Daniel Tiger – PBS: Download the FREE APP

Games, songs, videos for parents and children: social, emotional, routines & education.

<https://pbskids.org/daniel>

Printable Activities



VRoOM Tips

[Brain Building Basics](#)

Ready Rosie

[Routines Chart](#)

Teaching Strategies

[Others have needs, too](#)

Ready Rosie

[Conversation Starters](#)

Educational K-12



PBS Kids

Educational games and activities.

<https://pbskids.org/>

Pacific Science Center

Science Projects for children ages 5-14yrs.

<https://www.pacificsciencecenter.org/events-programs/curiosity-at-home/>

Videos to Watch



Following Directions



INTERNET/PHONE INFORMATION

XFINITY WIFI <https://wifi.xfinity.com/>

Everyone can now access 1.5 million out-of-home Xfinity WiFi hotspots for free: These hotspots are normally located in business areas, retail locations and transit areas. To find your nearest hotspot, Download the APP and enter your zip code or location. Once you are at the location, follow the instructions at [xfinity.com/wifi](https://wifi.xfinity.com/) to join the hotspot. These 1.5 million hotspots are now free for all who need them through this challenging time. You do not need to be a customer to access this, but you will need to register see [FAQ](#).

Comcast is offering new Internet Essentials customers 2 free months of internet service to help connect low-income families to the internet during this time.

- They are also increasing the speed of service on the internet essentials program.
- You will receive a self-install-kit that includes a cable modem (to receive service at your home) with a WiFi router (to connect your devices without wires).
- There is no term contract or credit check and no shipping fee for equipment.
- After the two free months, you can cancel the service, or continue and make payments.

[Comcast Internet Essentials](#)

Verizon Wireless: <https://www.verizonwireless.com/support/covid-19-faqs/>

AT&T: https://about.att.com/story/2020/att_wireless_covid_19.html

T-Mobile: [COVID Response](#)

Sprint: [Sprint Covid response](#)

Assurance Wireless: <https://www.assurancewireless.com/>

HCA-Lifeline: <https://content.govdelivery.com/accounts/WAHCA/bulletins/283a2da>