

Parent Resources



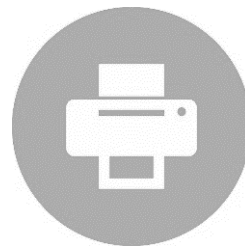
Parent Resources



Play & Learn Websites



Try these APPs



Printable Activities



Videos to Watch

Parent Resources



Help Your Family De-Stress During Coronavirus Uncertainty

<https://www.common sense media.org/blog/help-your-family-de-stress-during-coronavirus-uncertainty>

Online Education Is Difficult for the Littlest Learners, Help for Teachers and Families

<https://www.the74million.org/article/costanza-online-education-is-difficult-for-the-littlest-learners-heres-some-help-for-school-leaders-teachers-and-families/>

Parent Help 123

<https://www.parenthelp123.org/>

Try these APPs



Smiling Mind- Mindfulness app for parents

<https://www.smilingmind.com.au/smiling-mind-app/>

Stop Breathe Think- Help kids discover their superpowers of quiet, focus, and peaceful sleep.

<https://www.stopbreathethink.com/kids/>

Printable Activities



Covi Book -MindHeart

This book is an invitation for families to discuss the full range of emotions arising from the current situation.

[CoviBook](#)

The Moodsters

A workbook to help kids cope during the Coronavirus Pandemic.

[First Aid for Feelings](#)

Scholastic Worksheets

[Teachable: Bunnies](#)

All About our Day

Making a schedule

[All About Our Day](#)

Play & Learn Websites



SpacePlace: NASA for Kids

<https://spaceplace.nasa.gov/>

Scholastic Daily Reading Quets

<https://classroommagazines.scholastic.com/support/learnathome/tips-and-tricks.html>

Videos to Watch



The Name Game



INTERNET/PHONE INFORMATION

XFINITY WIFI <https://wifi.xfinity.com/>

Everyone can now access 1.5 million out-of-home Xfinity WiFi hotspots for free: These hotspots are normally located in business areas, retail locations and transit areas. To find your nearest hotspot, Download the APP and enter your zip code or location. Once you are at the location, follow the instructions at [xfinity.com/wifi](https://wifi.xfinity.com/) to join the hotspot. These 1.5 million hotspots are now free for all who need them through this challenging time. You do not need to be a customer to access this, but you will need to register see [FAQ](#).

Comcast is offering new Internet Essentials customers 2 free months of internet service to help connect low-income families to the internet during this time.

- They are also increasing the speed of service on the internet essentials program.
- You will receive a self-install-kit that includes a cable modem (to receive service at your home) with a WiFi router (to connect your devices without wires).
- There is no term contract or credit check and no shipping fee for equipment.
- After the two free months, you can cancel the service, or continue and make payments.

[Comcast Internet Essentials](#)

Verizon Wireless: <https://www.verizonwireless.com/support/covid-19-faqs/>

AT&T: https://about.att.com/story/2020/att_wireless_covid_19.html

T-Mobile: [COVID Response](#)

Sprint: [Sprint Covid response](#)

Assurance Wireless: <https://www.assurancewireless.com/>

HCA-Lifeline: <https://content.govdelivery.com/accounts/WAHCA/bulletins/283a2da>