

Digital Family Resource List



Caregiver Resources



Try these APPs



Printable Activities



Play & Learn Websites



Videos to Watch

Caregiver Resources



What We Can Do About Toxic Stress
[Handling Toxic Stress](#)

Skill-Building Opportunities, Frightened By New Experiences
[Skill Building New Experiences](#)

Parent Help 123
<https://www.parenthelp123.org/>

Try these APPs



Family5 – activities, games, and caregiver resources
<https://familyfive.app/>

Lego Duplo Train – Build, Play, Learn!
https://play.google.com/store/apps/details?id=com.lego.duplo.trains&hl=en_US

Printable Activities



Learn about Coronavirus Coloring Book
[coloring book](#)

Imagination Library
[Activity Sheets](#)

Problem Solving Dice Game Activity
<https://www.pbs.org/parents/crafts-and-experiments/pegs-giant-dice-game>

Make a Bedtime Routine Activity
<https://www.pbs.org/parents/crafts-and-experiments/make-a-bedtime-routine-book>

Play & Learn Websites



Imagination Library – Bedtime stories with Dolly Parton
<https://imaginationlibrary.com/goodnight-with-dolly/>

National Geographic Kids
<https://kids.nationalgeographic.com/>

Videos to Watch



Book Cover Conversations



INTERNET/PHONE INFORMATION

XFINITY WIFI <https://wifi.xfinity.com/>

Everyone can now access 1.5 million out-of-home Xfinity WiFi hotspots for free: These hotspots are normally located in business areas, retail locations and transit areas. To find your nearest hotspot, Download the APP and enter your zip code or location. Once you are at the location, follow the instructions at [xfinity.com/wifi](https://wifi.xfinity.com/) to join the hotspot. These 1.5 million hotspots are now free for all who need them through this challenging time. You do not need to be a customer to access this, but you will need to register see [FAQ](#).

Comcast is offering new Internet Essentials customers 2 free months of internet service to help connect low-income families to the internet during this time.

- They are also increasing the speed of service on the internet essentials program.
- You will receive a self-install-kit that includes a cable modem (to receive service at your home) with a WiFi router (to connect your devices without wires).
- There is no term contract or credit check and no shipping fee for equipment.
- After the two free months, you can cancel the service, or continue and make payments.

[Comcast Internet Essentials](#)

Verizon Wireless: <https://www.verizonwireless.com/support/covid-19-faqs/>

AT&T: https://about.att.com/story/2020/att_wireless_covid_19.html

T-Mobile: [COVID Response](#)

Sprint: [Sprint Covid response](#)

Assurance Wireless: <https://www.assurancewireless.com/>

HCA-Lifeline: <https://content.govdelivery.com/accounts/WAHCA/bulletins/283a2da>