

Digital Family Resource List



Caregiver Resources



Try these APPs



Printable Activities



Play & Learn Websites



Videos to Watch

Caregiver Resources



34 No -Fail, Cool-Down Tips for Wound-Up Kids

<https://www.highlights.com/parents/articles/34-no-fail-cool-down-tips-wound-kids>

How Play Helps Kids Navigate Difficult Times

<https://www.pbs.org/parents/thrive/how-play-helps-kids-navigate-difficult-times>

Parent Help 123

<https://www.parenthelp123.org/>

Try these APPs



Highlights Puzzle Town

<https://www.highlights.com/store/apps/highlights-preschool-puzzle-town>

Highlights Monster Day

<https://www.highlights.com/store/apps/highlights-monster-day>

Printable Activities



Feelings Wheel

[Feeling Wheel](#)

Pebblego-Stop the Spread of Germs

[Stopping Germs](#)

Be your own Superhero

[Superhero](#)

Mad Libs

[A Day at the Beach](#)

Play & Learn Websites



ZOOM PBS

<https://kcts9.pbslearningmedia.org/collection/zoom/>

Typing Club

<https://www.typingclub.com/sportal/>

Videos to Watch



What's the Difference?

