### Caregiver Resources

- 34 No-Fail, Cool-Down Tips for Wound-Up Kids

- How Play Helps Kids Navigate Difficult Times

- Parent Help 123
  [https://www.parenthelp123.org/](https://www.parenthelp123.org/)

### Try these APPs

- Highlights Puzzle Town

- Highlights Monster Day
  [https://www.highlights.com/store/apps/highlights-monster-day](https://www.highlights.com/store/apps/highlights-monster-day)

### Printable Activities

- Feelings Wheel
  [Feeling Wheel](#)

- Be your own Superhero
  [Superhero](#)

- Pebblego-Stop the Spread of Germs
  [Stopping Germs](#)

- Mad Libs
  [A Day at the Beach](#)

### Play & Learn Websites

- ZOOM PBS

- Typing Club
  [https://www.typingclub.com/sportal/](https://www.typingclub.com/sportal/)

### Videos to Watch

- What's the Difference?
  ![Ready Rosie](#)