

# Digital Family Resource List



Caregiver Resources



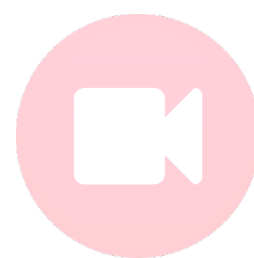
Try these APPs



Printable Activities



Play & Learn Websites



Videos to Watch

## Caregiver Resources

Helping children cope with stress during the 2019-nCov outbreak  
[Coping with Stress](#)



Parent/Caregiver Guide to Helping Families Cope  
[Caregiver Fact Sheet](#)

Parent Help 123  
<https://www.parenthelp123.org/>

## Try these APPs

Sanford Harmony  
[Sanford Harmony Game Room](#)



Peek-A-Zoo  
[Peek-A-Zoo](#)

## Printable Activities

Nature Tracker Activity Book  
[Nature Tracker Book](#)

Self Care for Parents  
[For Parents](#)



My Hero Is You-Children's Book  
[My Hero is You](#)

Feelings Scavenger Hunt  
[Feelings Scavenger Hunt](#)

## Play & Learn Websites

Llama Llama- Videos, Activities  
<http://www.llamallamabook.com/videos/>



Magic Treehouse Adventure  
<https://www.magictreehouse.com/mission-game/>

## Videos to Watch



## Me want it (but me wait)

