

# COVID-19

Tuesday, June 16, 2020

## **SNOHOMISH COUNTY PROVIDES COVID-19 RESPONSE UPDATE**

This morning, officials from Snohomish County provided an update on the county's response to COVID-19, including health, safety, and reopening in the food industry.

## **BOTHELL CLOSES MAIN STREET TO SUPPORT BUSINESSES THROUGH SEPTEMBER 7**

Bothell's Main Street is closed to vehicles to support businesses and social distancing requirements. The closure remains in effect through September 7.

## **EDMOND SUNSET AVENUE CAR-FREE UNTIL PHASE 3; MAIN STREET TO OPEN TO WALKERS JUNE 20-21**

A portion of Sunset Avenue will remain car-free until Snohomish County enters Phase 3 of the Safe Start Recovery Plan.

## **CITY OF EDMONDS "PLAY IT SAFE" PLAN**

See the article at right for details on the Edmonds "Play it Safe" plan.

## **SNOHOMISH COUNTY DAILY BRIEFING**

### **Snohomish County Provides COVID-19 Response Update**

This morning, Snohomish County Executive Dave Somers was joined by Dr. Chris Spitters, the Health Officer for the Snohomish Health District, and Korey MacKenzie, Diamond Knot Brewing Co., Food Industry Representative on the Snohomish Health District Public Health Advisory Council to address the county's response to COVID-19, including health, safety and reopening in the food industry.

The video is posted for viewing at <https://www.snohd.org/495/COVID-19-General-Information>.

### **Bothell Closes Main Street to Support Businesses Through September 7**

Bothell's Main Street is closed to vehicles to support businesses and social distancing requirements. The street, sidewalk, and flex spaces will be open for dining and retail sales. Businesses throughout the City can also apply to use their own parking lot space for extra seating by filling out a [Special Use Permit for Temporary Outdoor Seating](#).

For more information please visit Bothell's [webpage](#).

### **Edmonds Sunset Avenue Car-Free Until Phase 3; Main Street to Open to Walkers June 20-21**

A portion of Sunset Avenue remains pedestrian only for a few more weeks to give residents space to walk safely. The change came at the beginning of the COVID closures when residents had few places to get out and exercise.

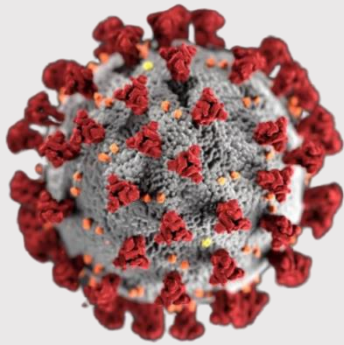
Main Street in downtown Edmonds will be open between 3<sup>rd</sup> and 6<sup>th</sup> Avenues Saturday, June 20 and Sunday, June 21 to walkers, strollers and outdoor shoppers and diners! This is a pilot project that runs Saturday from 10 am to 9 pm and Sunday 10 am to 7 pm. All cross streets will remain open. This will run concurrently with the Edmonds Farmers Market on 5th Avenue between Main and Bell on Saturday.

### **City of Edmonds "Play it Safe" Plan**

On June 5, Snohomish County moved to Phase 2 reopening. Phase 2 looks like plexiglass and masks everywhere, and Purell upon entry.

#### **For Snohomish County, it means:**

- Residents can gather with up to five people from outside their household each week.
- Restaurants can operate at 50% capacity and retailers can conduct in-store sales, following safety guidelines.
- Barber shops, hair and nail salons, tattoo parlors and pet groomers are also open following safety guidelines.
- Places of worship are allowed to hold in-person services, weddings and funerals in line with physical distancing rules and size constraints.
- Camping and other outdoor recreation activities, such as biking and climbing, can resume with limited group sizes.
- Nannies, house cleaners and real-estate firms can also return to work.



# COVID-19

## EDMONDS COLLEGE EXTENDS REMOTE OPERATIONS THROUGH JUNE 30

Edmonds College has extended its remote operations through June 30.

## KING COUNTY APPLIES FOR PHASE 2 OF SAFE START RECOVERY PLAN

King County applied for Phase 2 of the Safe Start Recovery Plan yesterday.

### For Edmonds, it looks like:

- The Dog Park is open, the skate park and sport courts are open with group size limitations.
- Edmonds will open park restrooms in Phase 3 because they currently do not have the resources necessary to do the recommended sanitizing and cleaning to provide safer facilities. Instead they have installed porta-potties in key locations.

For more information please review the City of Edmonds Parks, Recreation, and Cultural Services "[Play it Safe Plan](#)" and [webpage](#).



## "PLAY IT SAFE" PLAN

The City of Edmonds "Play It Safe" Plan aligns with Washington's phased approach to reopening businesses and modifying social distancing measures. The goal is to balance the health and safety of residents with the physical and mental health benefits of using parks, being outdoors and recreating.

**Revised June 5, 2020**

	PHASE 1	PHASE 2	PHASE 3	PHASE 4
<b>OPEN</b> Park Amenities	<ul style="list-style-type: none"> <li>• Parks &amp; Trails (including beaches)</li> <li>• Fishing Pier</li> <li>• Informal Use of Athletic Fields</li> <li>• Temporary Restrooms</li> <li>• Underwater Dive Park</li> </ul> <i>Group size restrictions are in effect</i>	<ul style="list-style-type: none"> <li>• Off Leash Dog Park</li> <li>• Skate Park</li> <li>• Outdoor sports courts to include:               <ul style="list-style-type: none"> <li>• Tennis/Pickleball Courts</li> <li>• Basketball Courts</li> <li>• Petanque</li> <li>• Sand Volleyball</li> </ul> </li> </ul> <i>Group size restrictions are in effect</i>	<ul style="list-style-type: none"> <li>• Playfields</li> <li>• Permanent Restrooms</li> <li>• Playgrounds</li> <li>• Shelter Rentals</li> <li>• Frances Anderson Center</li> </ul> <i>Group size restrictions are in effect</i>	<ul style="list-style-type: none"> <li>• Parks Open for Regular Use, except for specific <b>CLOSED</b> Park Facilities and <b>CANCELLED</b> Events and Programs listed below.</li> </ul>

## Edmonds College Extends Remote Operations Through June 30

For the health and safety of our campus community, Edmonds College will extend its remote operations and will serve students and the community remotely through June 30 (pending further developments).

Per Gov. Inslee's [Phase 1 Higher Education and Critical Infrastructure Workforce Training Restart](#), Edmonds College began offering a limited number of classes with a hands-on component in-person and on campus starting Monday, May 18. There are [mandatory steps](#) that students and employees are required to follow in order to visit campus.

Students who are not attending in-person classes should not come to campus. All services are available remotely and staff and faculty are available via email. Information on advising, emergency funding, financial aid, updates and alerts, resources, and more can be found at [edcc.edu/summer2020](http://edcc.edu/summer2020). Questions may be directed to the campus operator, by calling 425.640.1459 (press 0) or texting 425.243.0867.

On-campus hosted events remain canceled until further notice. Events will not resume until Snohomish County is approved to move to Phase 3 and college leadership has determined it is safe to do so based on guidance from our Snohomish Health District partners.

All updates regarding the college's response to COVID-19 are posted at [edcc.edu/coronavirus](http://edcc.edu/coronavirus).

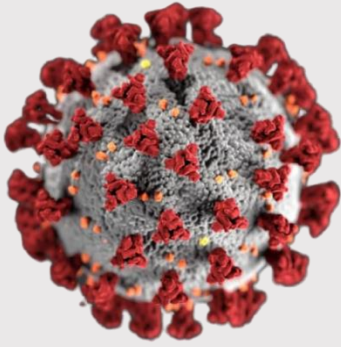
For more information please read Edmonds College's [news release](#).

## King County Applies for Phase 2 of Safe Start Recovery Plan

King County is currently in a modified Phase 1 to reopening businesses and activities under the Governor's Safe Start plan. On June 15, King County submitted their application requesting approval to move into Phase 2.

For more information please read King County's [news release](#).





# COVID-19

## **INSLEE EXTENDS PROCLAMATION RELATED TO COVID-19**

Gov. Jay Inslee announced the extension of a proclamation waiving truck driver hours restrictions through July 14, 2020.

## **INSLEE LETTER TO TRUMP ADMINISTRATION REQUESTS NATION-WIDE COVID-19 AVIATION SCREENING SYSTEM**

Yesterday, Gov. Jay Inslee sent a letter to the Trump administration requesting the immediate implementation of a national aviation screening system for domestic and international passengers.

## **OSPI: FIND A SUMMER MEAL SITE NEAR YOU!**

The number of locations that students can receive free meals from has grown, thanks to new locations offering meals through the annual Summer Food Service Program (SFSP).

## **Inslee Extends Proclamation Related to COVID-19**

Gov. Jay Inslee announced the extension of one [proclamation](#) in response to the continuing COVID-19 pandemic. This proclamation extends the state waiver of truck driver hours restrictions through July 14, 2020.

### **Truck Driver Hours Extension**

[The original proclamation](#) waived/suspended the restrictions on truck driver hours through April 17, and was later renewed through June 14.

The Federal Motor Carrier Safety Administration has extended the federal restrictions through July 14. After consulting with the state's Emergency Management Division, an extension of the state's waiver of these rules continues to be needed.

Read the full proclamation [here](#).

## **Inslee Letter to Trump Administration Requests Nation-Wide COVID-19 Aviation Screening System**

Yesterday, Gov. Jay Inslee sent a [letter](#) to the Trump administration requesting the immediate implementation of a national aviation screening system for domestic and international passengers to ensure the safety of travelers and aviation workers.

The letter reads, in part:

"The science is clear that airplanes, and mass transit in general, present greater risk of transmission because of the confined spaces where safe distancing may not be possible. Our nation's current approach improperly places the burden for protecting the public on state and local governments, leaves millions of passengers at risk, and fails to instill public confidence. It achieves neither our economic nor our public health goals.

"It is clear that if we hope to restart the U.S. economy in a manner that is safe and responsible, without significant interstate spread of COVID-19, we will need a comprehensive national aviation screening system. I respectfully request that you prioritize implementation of guidance, regulations, and resources to implement this system."

[Read the full letter.](#)

[Read the full news release.](#)

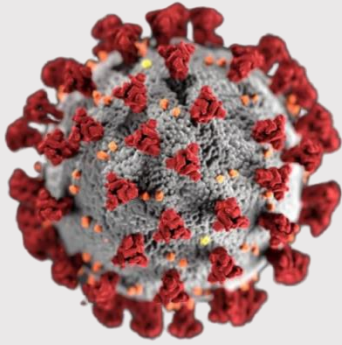
## **OSPI: Find a Summer Meal Site Near You!**

The number of locations that students can receive free meals from has grown, thanks to new locations offering meals through the annual Summer Food Service Program (SFSP).

SFSP provides children with nutritious meals during the summer. Sponsors may operate the program in areas where 50% or more of the children in the area are eligible for free or reduced-price meals.

Summer meal programs help children aged 18 and under get the nutrition they need to learn, play, and grow during the summer. This federally-funded program is sponsored by many organizations throughout our state, including schools, nonprofit organizations, local governments, tribes, and more.

SFSP is separate from meal programs operated by the school district during school closures, which may be continuing to providing meals over the summer. Contact your district for more information.



# COVID-19

## **NEW DOH BLOG POST: STOP THE SPREAD BY STAYING LOCAL**

A new blog post by the Department of Health reminds the community to please stay within county lines in order to stop the spread of COVID-19.

## **CANADA-U.S. BORDER TO REMAIN CLOSED TO NON-ESSENTIAL TRAVEL FOR ANOTHER MONTH**

The Canada – U.S. border will remain closed to non-essential travel until July 21.

## **THE SBA'S ECONOMIC INJURY DISASTER LOAN (EIDL) AND EIDL ADVANCE APPLICATION PORTAL IS OPEN**

Link to the portal is at right to apply for low-interest disaster loans to help businesses and homeowners recover from declared disasters.

## **RESEARCH INDICATES STEROID PROVING EFFECTIVE IN TREATING COVID-19**

A study led by the University of Oxford has found that dexamethasone has reduced the risk of death for patients on ventilators by 1/3 and for those receiving oxygen, it cut the risk of death by 1/5.

## **STUDY INDICATES THAT AMERICANS ARE UNHAPPIEST THEY'VE BEEN IN 50 YEARS**

Only 14% of Americans indicate they are very happy, the lowest reported in 50 years. Link to the study is at right.

To find a Summer Meals site near you, please use a Summer Meals Locator: Text "food" or "comida" to 877-877, or you can also [find summer meal sites online](#).

## **New DOH Blog Post: Stop the Spread by Staying Local**

The Washington State Department of Health (DOH) published a new blog post reminding the community to please stay within county lines in order to stop the spread of COVID-19. As counties are reopening and the weather warms up, it's a good time to check out a local park or camping area. DOH provides the following recommendations to enjoy the outdoors safely:

- Keep the group small. Camp with people in your household and with fewer than five friends from other households.
- Enjoy the outdoors when healthy. If you feel even a little bit under the weather, wait for it to pass before visiting public parks.
- Be flexible. If you get there and it looks crowded, have a back-up plan so you can go somewhere else or come back another time.
- Practice physical distancing. Keep six feet between you and those outside your immediate household. Launch one boat at a time to give others enough space to launch safely. Leave at least one parking space between your vehicle and the vehicle next to you.

For more information please read DOH's [blog post](#).

## **Canada-U.S. Border to Remain Closed to Non-Essential Travel for Another Month**

Canadian Prime Minister Justin Trudeau confirmed that the Canada-U.S. border closure on non-essential travel will remain in place until July 21.

For more information please visit the Canada Border Services Agency's [webpage](#).

## **The SBA's Economic Injury Disaster Loan (EIDL) and EIDL Advance Application Portal is Open**

The U.S. Small Business Administration (SBA) provides low-interest disaster loans to help businesses and homeowners recover from declared disasters.

For more information please visit SBA's [webpage](#).

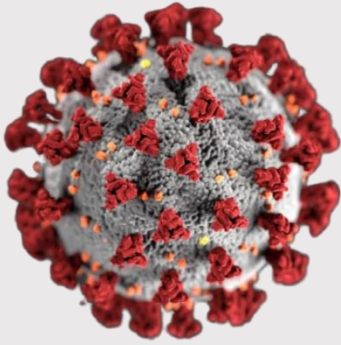
## **Research Indicates Steroid Proving Effective in Treating COVID-19**

A study led by the University of Oxford has found that a steroid called dexamethasone has reduced the risk of death for patients on ventilators by a third and for those receiving oxygen, it cut the risk of death by a fifth. The drug is one of six preexisting treatments currently being trialed in coronavirus patients.

For more information please read the [article](#) and [study](#).

## **Study Indicates that Americans are the Unhappiest They've Been in 50 Years**

A study conducted by NORC at the University of Chicago highlights how Americans' outlook and emotional health compare to nearly 50 years of trends in public opinion data from the General Social Survey (GSS). The historical context reveals unique impacts of the pandemic on public sentiment: an all-time low in people saying they are very happy (14%) combined with an all-time high in people saying they are satisfied with their family's financial situation (80%). These contrasting findings suggest



# COVID-19

## HHS WARNS THAT PANIC ATTACKS AND COVID-19 HAVE SIMILAR SYMPTOMS

Panic attacks and COVID-19 share symptoms of shortness of breath or difficulty breathing and chills. See the information at right.

## NEW STUDY: CHILDREN ARE ONLY HALF AS LIKELY TO GET INFECTED BY COVID-19

A survey of six nations found that children are only about half as likely to become infected by COVID-19. Link to the study in the journal *Nature Medicine* is at right.

## ITALY SURVEY FINDS IRRITABILITY, ANXIETY IN LOCKED-DOWN KIDS

The anonymous survey conducted by Italy's Health Ministry showed that 65% of respondents reported their children suffered behavior problems and regression.

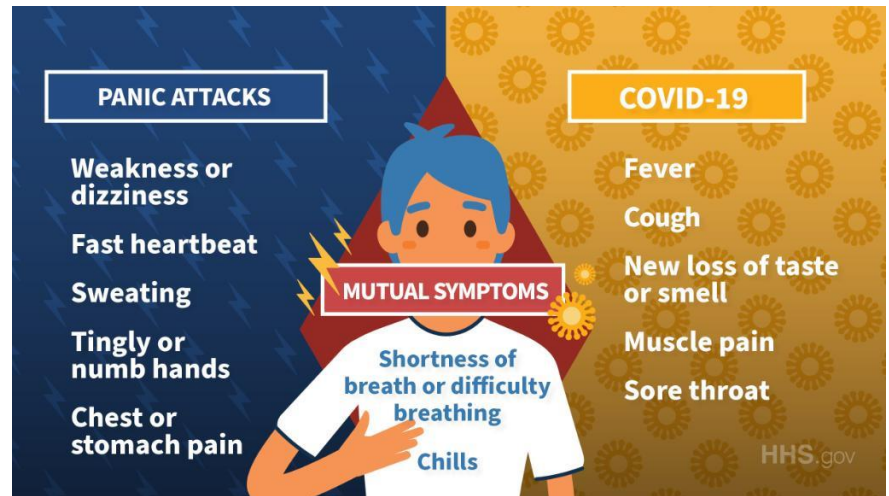
that people are comparing their happiness to their own psychological well-being before the pandemic while assessing their finances in relation to the millions of fellow Americans who have lost jobs, wages, or investments following the outbreak.

For more information please read the [research brief](#) and visit NORC's [webpage](#).

## HHS Warns that Panic Attacks and COVID-19 have Similar Symptoms

The U.S. Department of Health and Human Services (HHS) warns that panic attacks and COVID-19 share symptoms of shortness of breath or difficulty breathing and chills. HHS recommends visiting the CDC's [webpage](#) to learn how to spot the differences between the two and how to manage stress.

For more information please read HHS' [Tweet](#).



## New Study: Children are Only Half as Likely to Get Infected by COVID-19

A survey of six nations: Canada, China, Italy, Japan, Singapore and South Korea found that children are only about half as likely to become infected by COVID-19. When they do, they usually remain asymptomatic, or have mild, "subclinical" symptoms. Among individuals between the ages of 10 and 19 infected with COVID-19, only 21% show symptoms, compared to 69% among patients over the age of 70.

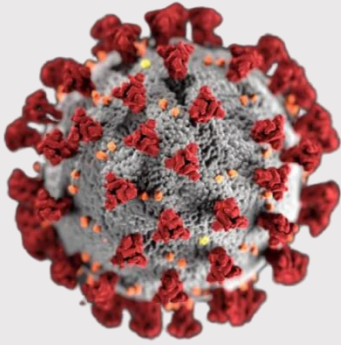
For more information please read the study published in the scientific journal [Nature Medicine](#).

## Italy Survey Finds Irritability, Anxiety in Locked-Down Kids

Italy's Health Ministry released the results of the anonymous survey of 6,800 people who voluntarily responded to an online questionnaire March 24-April 3. The start date was two weeks into a 10-week lockdown in [Italy](#), the first country in the West to be hit by the coronavirus pandemic.

Of the 6,800 people who participated, 3,245 reported having children under age 18.

Among those with children under age 6, 65% reported their children suffered behavior problems and regression. The most common problems cited were increased irritability, sleep issues and separation anxiety. Some respondents also reported their children wept inconsolably, the researchers found.



# COVID-19

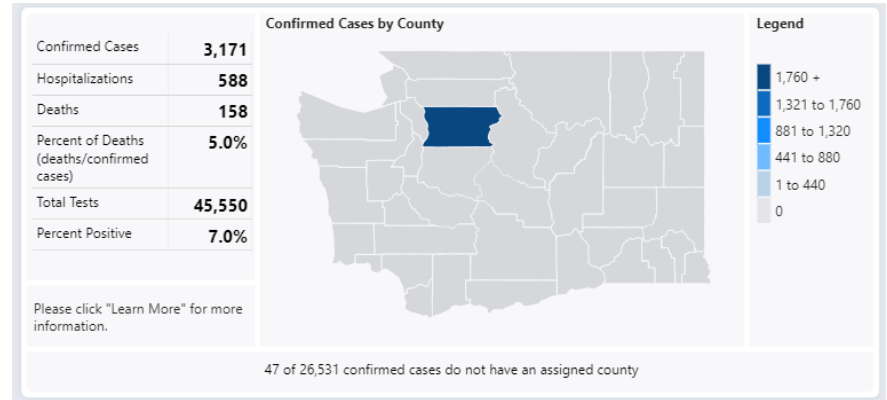
## ESSENTIAL LINKS AND PHONE NUMBERS FOR UP-TO-DATE INFORMATION

- [Snohomish Health District](#)
- [Snohomish County](#)
- [Snohomish County COVID-19 Response & Community Resource Hub](#)
- [Washington State COVID-19 Data Dashboard](#)
- [Phases and Risk Assessment Dashboard](#)
- [Centers for Disease Control and Prevention](#)
- Snohomish County COVID-19 Phone Line: **425-388-3944**
- Washington State COVID-19 Hotline: Call **1-800-525-0127** or text **211-211 for help**. For information to be texted to you, text **Coronavirus** to **211-211**.

Of respondents with children aged 6-18, 71% reported their children also displayed problems including anxiety and shortness of breath. Adolescents had particular trouble going to sleep and waking up, sleep disturbances that researchers termed a sort of "domestic jet lag."

For more information please read the [article](#).

## COVID-19 Data Dashboard (Data as of June 15, 2020, 11:59 PM)



<https://www.doh.wa.gov/Emergencies/NovelCoronavirusOutbreak2020COVID19/DataDashboard>