

Digital Family Resource List



Caregiver Resources



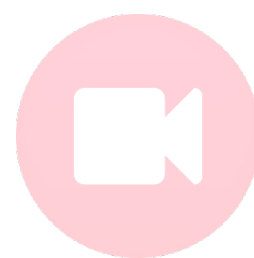
Try these APPs



Printable Activities



Play & Learn Websites



Videos to Watch

Caregiver Resources



How to Talk Honestly with Children About Racism

[How to Talk Honestly with Children about Racism](#)

Racism and Violence: Using Your Power as a Parent to Support Children Aged Two to Five

[Talking about Violence with Children Aged Two to Five](#)

Parent Help 123

<https://www.parenthelp123.org/>

Try these APPs



Stay Play Grow

[Stay Play Grow](#)

Mindful Powers

[Mindful Powers for Kids](#)

Printable Activities



Summer Book

[Summer Book](#)

Routines for the “New Normal”

[Routines](#)

Summer Book Bingo

[Bingo](#)

Vacation Activities

[Activity Pack](#)

Play & Learn Websites



MET Museum

[MET Kids](#)

Oregon Museum of Science and Industry

[OMSI](#)

Videos to Watch



Make Your Family Count

