## Digital Family Resource List

### Caregiver Resources
- 14 Low Stress Tips for Virtual Learning
  - Online Learning
- Preparing your Older Child for the Arrival of a New Baby
  - Preparing for a New Baby
- Parent Help 123
  - https://www.parenthelp123.org/

### Try these APPs
- Elmo Loves 123s Lite
  - Learning App
- Doulingo ABC – Learning
  - Learn to Read

### Printable Activities
- Apple Chips
  - Recipe
- Weather BINGO!
  - BINGO Game
- Feelings Tic-Tac-Toe
  - Feelings Activity
- Healthy Habits Chart
  - Stay Healthy

### Play & Learn Websites
- Daniel Tiger
  - Games
- Sesame Street Games
  - Games

### Videos to Watch
- If I Ran for President