

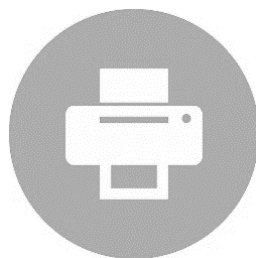
# Digital Family Resource List



Caregiver Resources



Try these APPs



Printable Activities



Play & Learn Websites



Videos to Watch

## Caregiver Resources



Toys For Tots Application- Register before December 15<sup>th</sup>, 2020  
[Toy Request Form](#)

The Discipline Dilemma  
[Article](#)

Parent Help 123  
<https://www.parenthelp123.org/>

## Try these APPs



Dinosaur Train A-Z  
[App](#)

Smiling Mind  
[meditation for all ages](#)

## Printable Activities



Storybook Guide  
[Who Eats First?](#)

Animal Yoga  
[Yoga Cards](#)

Pin the Nose on the Snowman  
[Game](#)

Winter Activity Pack  
[Winter Activities](#)

## Play & Learn Websites



Odd Squad Game  
[Oddstacle Course](#)

Zoo to You  
[Woodland Park Zoo](#)

## Videos to Watch



Arnie the Doughnut