## Digital Family Resource List

**Developmental Disabilities and Early Learning Division**

### Caregiver Resources
- **Toys For Tots Application- Register before December 15th 2020**
  - [Toy Request Form](#)
- **The Discipline Dilemma**
  - [Article](#)
- Parent Help 123
  - [https://www.parenthelp123.org/](https://www.parenthelp123.org/)

### Try these APPs
- **Dinosaur Train A-Z App**
- **Smiling Mind meditation for all ages**

### Printable Activities
- **Storybook Guide**
  - [Who Eats First?](#)
- **Pin the Nose on the Snowman Game**
- **Animal Yoga Yoga Cards**
- **Winter Activity Pack Winter Activities**

### Play & Learn Websites
- **Odd Squad Game**
  - [Oddstacle Course](#)
- **Zoo to You**
  - [Woodland Park Zoo](#)

### Videos to Watch
- **Arnie the Doughnut**