

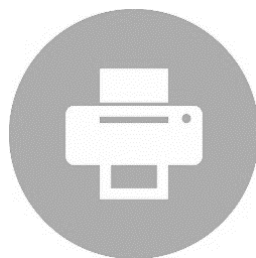
# Digital Family Resource List



Caregiver Resources



Try these APPs



Printable Activities



Play & Learn Websites



Videos to Watch

## Caregiver Resources



**Incorporating Math into Your Cold Weather Routines**  
[Parent Article](#)

**10 Energy Saving Tips**  
[Energy Savings at Home](#)

**Parent Help 123**  
<https://www.parenthelp123.org/>

## Try these APPs



**Mini Math App**  
<http://bedtimemath.org/minimath-app/>

**Bedtime Math App**  
<http://bedtimemath.org/bedtimemath-app/>

## Printable Activities



**Trail Mix and Munch**  
[Recipe](#)

**Test the Strength of spider webs**  
[Science](#)

**Space Creature**  
[Art Activity](#)

**Kitchen Helpers**  
[Activity Ideas](#)

## Play & Learn Websites



**Bedtime Math**  
<http://bedtimemath.org/>

**Tanagrams**  
<https://pbskids.org/cyberchase/games/tangram-game>

## Videos to Watch



**Sing along with Elmo**