



Snohomish County

Human Services

Behavioral Health & Veterans Division

March 26, 2021

3000 Rockefeller Ave., M/S 305
Everett, WA 98201-4046
(425) 388-7200
www.snoco.org

Re: School Based Mental Health Services Pilot Program

Dear Snohomish County School Partners:

Dave Somers
County Executive

Snohomish County Human Services, Behavioral Health & Veterans Division, is offering an opportunity for Snohomish County public schools, elementary, middle and high schools, to participate in a School-Based Mental Health Services Pilot program. The 2018 Healthy Youth Survey data indicates there is a need for mental health services for students. With the extended disruption of schools, increased isolation from friends, family and activities, and the uncertainty in many other areas caused by the Covid-19 pandemic, it is anticipated that mental health needs will continue.

It is anticipated that services will begin no later than May 1, 2021.

In exchange for the opportunity to participate in this pilot program, Schools must agree to the following:

- Work collaboratively with the County and with the contracted Mental Health Provider including developing a referral system.
- Provide private, confidential space for the counselor to be able to meet with students and/or their families at the school.
- Provide Wi-Fi access to the counselor.
- Provide the capability (a computer, private space and Wi-Fi) to have a student who is physically at the school needs to meet virtually with a counselor.
- Allow a student to meet with a counselor during school hours or prior to the start of school or after school as negotiated.

Letter of Interest Standards

Each interested School shall submit a letter of interest (4-page max, standard font and margins), signed by the Principal, no later than **April 14, 2021**. Letters must address the following:

1. Describe your school, location (city and school district), student ages/grade levels and number of students.
2. Describe the perceived need for mental health services in your school.
3. Describe student assistance services your school currently has.
4. Describe accessible student services available in your community.
5. Describe how this program would be integrated into your school including how a referral system to services would be developed and implemented.
6. Describe the barriers you anticipate experiencing.
7. Provide Healthy Use Survey data if available for your school/grade levels (both building and district level).

Please submit letters of interest via email to Cleo Harris, Treatment Specialist at cleo.harris@snoco.org by **April 14, 2021 at 3p.m.**. Late submissions will not be accepted. Letters will be reviewed April 15-16 and will be followed by notifications. Questions about the letter of interest process may be directed to Cleo Harris. We look forward to partnering with Snohomish County Schools and the Mental Health Provider(s) to provide needed mental health services.

While we recognize that there is much need for mental health services, this is a small pilot program and not every school that submits a letter of interest will be able to be served. Schools for this pilot program will be chosen based on several factors including identified need, resources currently available to students and the Mental Health Providers capacity.

Sincerely,



Cammy Hart-Anderson

Division Manager, Behavioral Health & Veterans Division