

Supplemental Security Income (SSI) Benefits

The [Supplemental Security Income](#) (SSI) program pays benefits to disabled adults and [children](#) who have limited income and resources.

SSI benefits also are payable to people 65 and older without disabilities who meet the financial limits.

People who have worked long enough may also be able to receive Social Security disability or retirement benefits as well as SSI. [Learn more about SSI...](#)

How Do I Apply For SSI?

If you would like to apply for SSI benefits for:

An adult with a disability

You can now file for Supplemental Security Income (SSI) online but only if you meet certain requirements. You are eligible to file online for SSI if you:

- Are between the ages of 18 and 65;
- Have never been married;
- Aren't blind;
- Are a U.S. citizen residing in one of the fifty states, District of Columbia, or the Northern Mariana Islands;
- Haven't applied for or received SSI benefits in the past; and
- Are applying for Social Security Disability Insurance at the same time as your SSI claim. Find out if you are eligible to receive [Social Security Disability Benefits](#).

[Apply Online for SSI and Disability Benefits](#)

Once you finish the online process, a Social Security representative will contact you for any additional information needed for the applications.

You can also schedule an appointment with a local Social Security office to file an application. Call **1-800-772-1213** (TTY **1-800-325-0778**) from 7 a.m. to 7 p.m., Monday through Friday or [contact your local Social Security office](#).

Learn more and start the disability process at our [Disability Benefits](#) page.

A child with a disability

Social Security does not yet have an online application for Children's benefits. Visit [Apply For Disability Benefits – Child \(Under Age 18\)](#) to apply for your child.

You can complete the online [Child Disability Report](#) if you are ready to apply now.

A person age 65 and older

- Call us at **1-800-772-1213**. If you are deaf or hard of hearing, you can call us at TTY **1-800-325-0778**, or
- Visit your [local Social Security office](#). (Call first to make an appointment.)

Can I File An Appeal If My SSI Application Was Denied?

Yes, if we recently denied your SSI application, you can file an SSI appeal online. To learn more, read how to [appeal a decision](#).

If You Already Receive SSI Benefits

Create a **my** Social Security account and sign in with us to:

- Get your [benefit verification letter](#). (*includes Social Security and Medicare*) and
- Check your information, benefits and earnings record.

[Sign In or Create an Account](#)

You do not need a **my** Social Security account to:

- [Select or change the way you receive information](#) from Social Security if you are blind or visually impaired; and
- [Block electronic and automated telephone access](#) to your personal information.
Extra Hours: This service is available on Sunday until 11:30 PM ET

Related Information

- [Same-Sex Couples](#)
- [What you must report to us](#)
- [SSI wage reporting](#)

- [Employment support for people with disabilities](#)
- [Work incentives for people with disabilities](#)
- [Achieving a Better Life Experience \(ABLE\)](#)
- [Other SSI topics](#)

Healthcare Information

- [Health Information from Department of Health and Human Services](#)
- [Prescription Drug Assistance Programs](#)
- [Health Benefits Under COBRA](#)

Publications

- [Publications](#)
- [Nutrition Assistance Programs](#)
- *What You Need to Know When You Get Supplemental Security Income (SSI)*
- [Schedule of Social Security Payments](#)